Designing for Bicycle Safety

Building it better April 21, 2022



san mateo county Transportation Authority



Agenda

- Welcome
- Introductions
- Why are we here?
- Safe Bicycle Facilities Design
 - Retrofitting Roadways
 - Different Types of Bikeways
 - Protected Intersections and other Design Considerations
 - Traffic Control Devices including Bicycle Signals
 - Bicycle Parking and other Streetscaping Elements
 - Opportunities for Implementation
- Funding Bicycle Projects
- Q&A throughout!

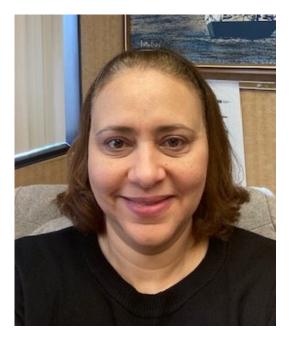
For Participants:

- Be ready to answer questions on your computer for live Zoom polls
- Turn off background apps, email, and silence phone
- Raise your hand to ask questions throughout!
- The presentation will be recorded and available upon request





Introductions







Heba El-Guindy SMCTA Deputy Director

Joe Gilpin Alta Planning and Design Principal Patrick Gilster SMCTA Manager of Programming & Monitoring

Introduce yourself to us by adding your name, organization, and email into the chat!





WHY ARE WE HERE?

Transportation Authority

The San Mateo County Transportation Authority (TA) manages the voter approved Measure A & Measure W sales taxes that fund various types of transportation improvements. The TA is striving to better incorporate Complete Streets across all our programs.







Primary Objectives

- 1. Consider Infrastructure Projects from Multimodal and Equitable Transportation System Lens
- 2. Improve Roadway Comfort and Sense of Security with Best Practice Design and Operational Principles
- 3. Increase the Cycling Modal Share and Improve Access and Connectivity to Transit and Land Uses
- 4. Create Competitive Multimodal Projects on the regional, state, and national levels





Poll: Did You Attend The Pedestrian and/or Complete Streets Introduction in January and March?

ISSUES & CONCERNS

Safety – San Mateo County Bicycle Involved Crashes



Data 2014-2018: Source San Mateo County Comprehensive Bicycle and Pedestrian Master Plan Update





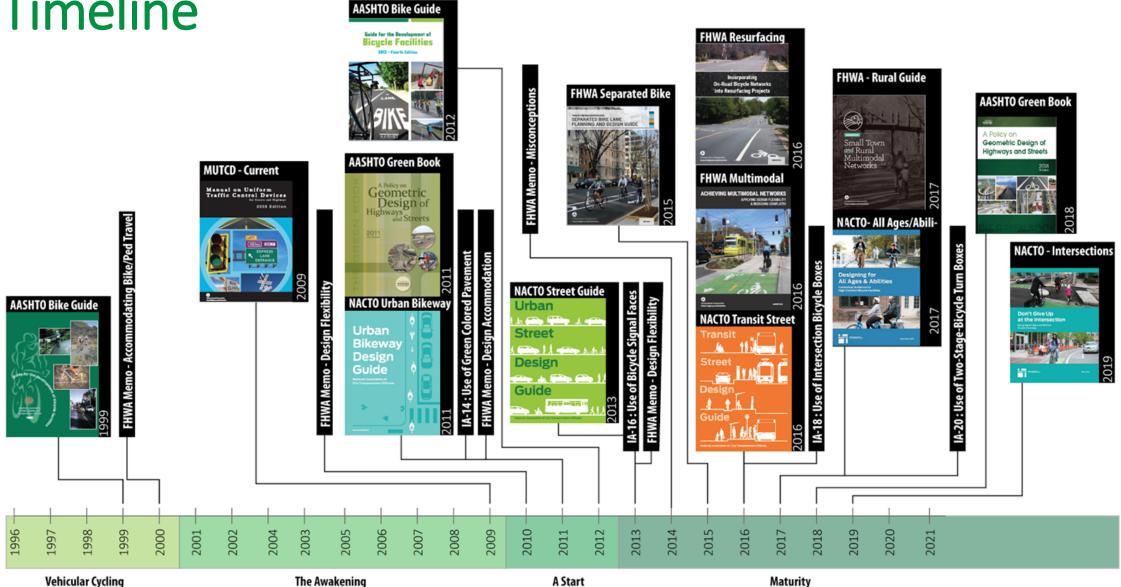
Improve Bicycle Safety

- We are getting better at designing safer streets for bicyclists!
- There is limited research on most topics as design variability is high. What is clear is that:
 - There is safety in numbers
 - If you built it, they will come
 - The greater the separation from moving auto traffic, the more types of bicyclists use the route
 - Details matter, especially at crossings and intersections





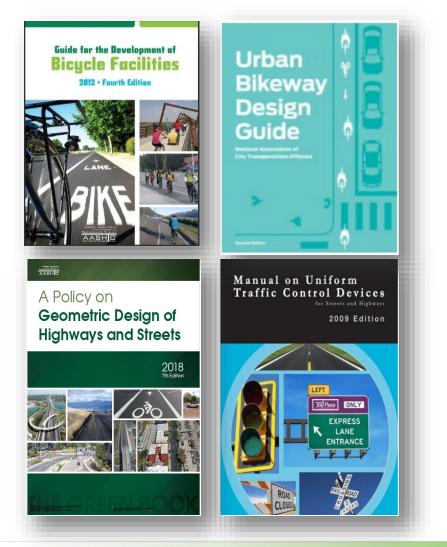
Timeline







National Standards at the Moment



ALL MAJOR BIKEWAY GUIDES / STANDARDS UNDER IMMINATE UPDATE

C/CAG Comprehensive Bicycle & Pedestrian Plan (2021) includes a Treatment Toolkit local agencies can reference.

https://ccag.ca.gov/wpcontent/uploads/2021/05/CBPP Appendix -A Design-Toolkit.pdf





Timeline









Improve Bicycle Comfort



Comfort Typology of Bicyclists

Design User Profile	Non-Bicyclist	Interested but Concerned	Somewhat Confident	Highly Confident
Bicycling Preferences	Uncomfortable bicycling in any condition, have no interest in bicycling, or are physically unable to bicycle.	Often not comfortable with bike lanes, may bike on sidewalks even if bike lanes are provided; prefer off-street or separate bicycle facilities or quiet or traffic-calmed residential roads. May not bike at all if bicycle facilities do not meet needs for perceived comfort.	Generally prefer more separated facilities, but are comfortable riding in bicycle lanes or on paved shoulders if need be.	Comfortable riding with traffic, will use roads without bike lanes.
Percent of General Public	31-37%	51-56%	5-9%	4-7%

14

Level of Traffic Stress

- Based on "Low Stress Bicycling and Network Connectivity", Mineta Transportation Institute, Report 11-19, May 2012
- Classifies road segments based on perceived safety issues and close proximity to traffic
- Allows for quick assessment of system connectivity without burden of more data intensive systems, (MMLOS).
- Most data is readily available
- Intuitive to the public, staff, stakeholders





Level of Traffic Stress

LTS 1 – Tolerable for all ages and abilities

LTS 2 – Comfortable for mainstream adults

LTS 3 – Acceptable for Enthused & Confident Bicyclists

LTS 4 – Only acceptable for Strong & Fearless Bicyclists



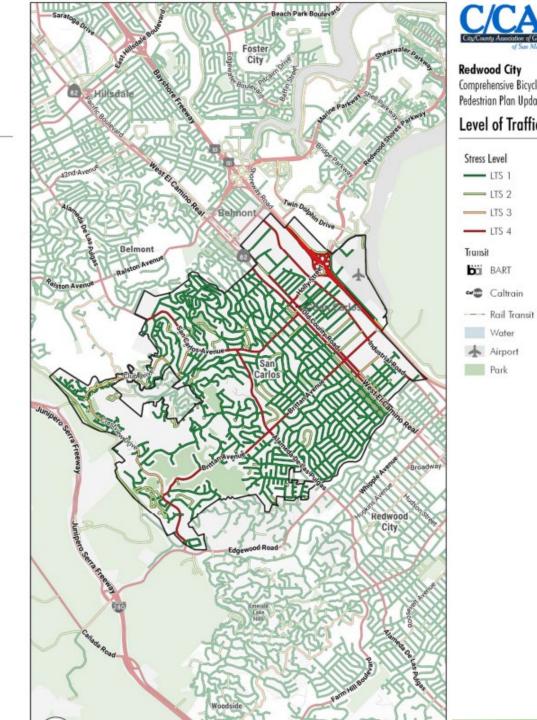


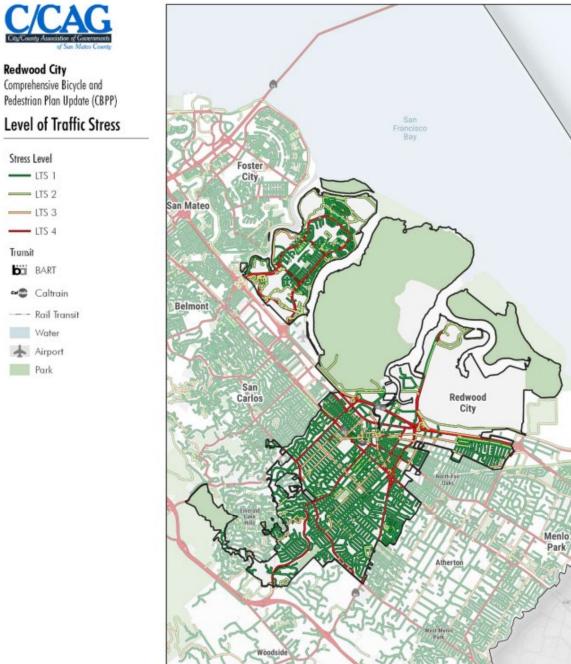


San Carlos Comprehensive Bicycle and Pedestrian Plan Update (CBPP)

Level of Traffic Stress





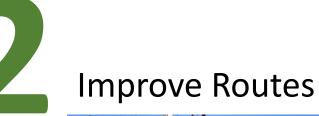


Dires.

2-Ways to Use LTS:

Improve Connections

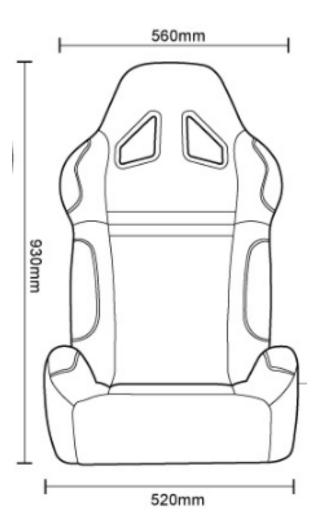








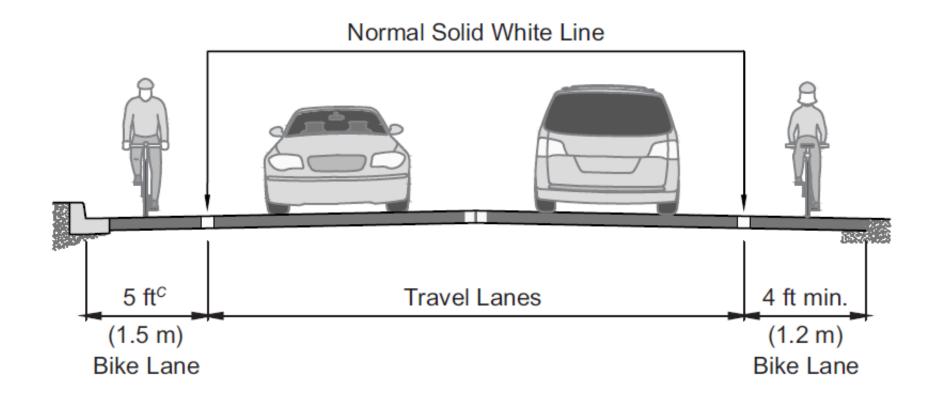
















But...



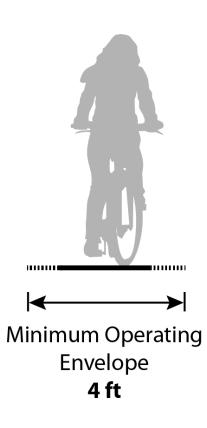






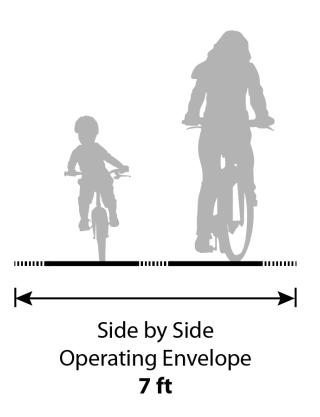






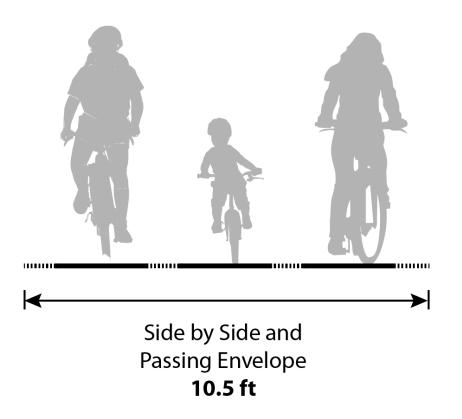






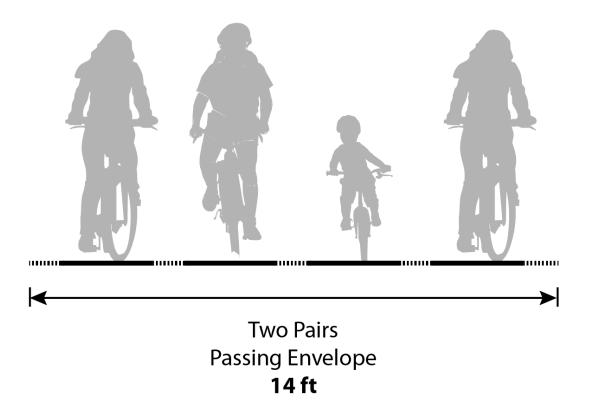
















Find the Space

Resurfacing and Reconstruction

Find the Space!

Reconstruction

Opportunity - 50 years or more!

- Design multimodal from the beginning
- Avoid minimum dimensions
- Future proof

Retrofit

Opportunity – 10 years or more!

- Maximize the space available
- Try for targeted geometric improvements
- Consider interim materials





Find the Space!

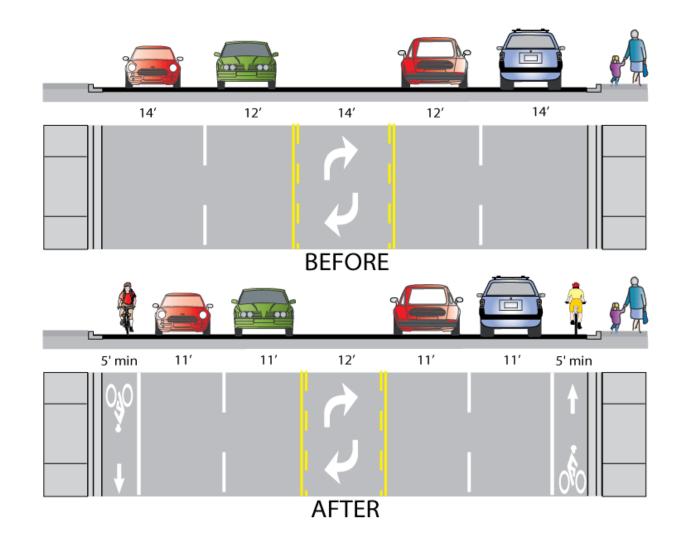
Quiz: What are the ways we can reconfigure the roadway when resurfacing to 'create space' for bicycle facilities?

- Narrow Lanes
- Reconfigure / Remove Lanes
- Remove Parking



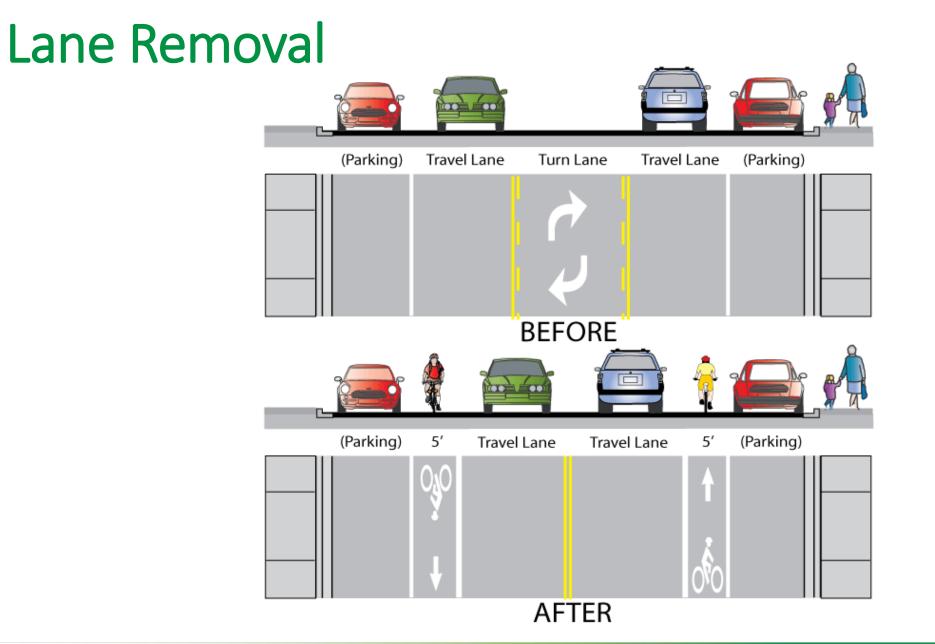


Lane Narrowing



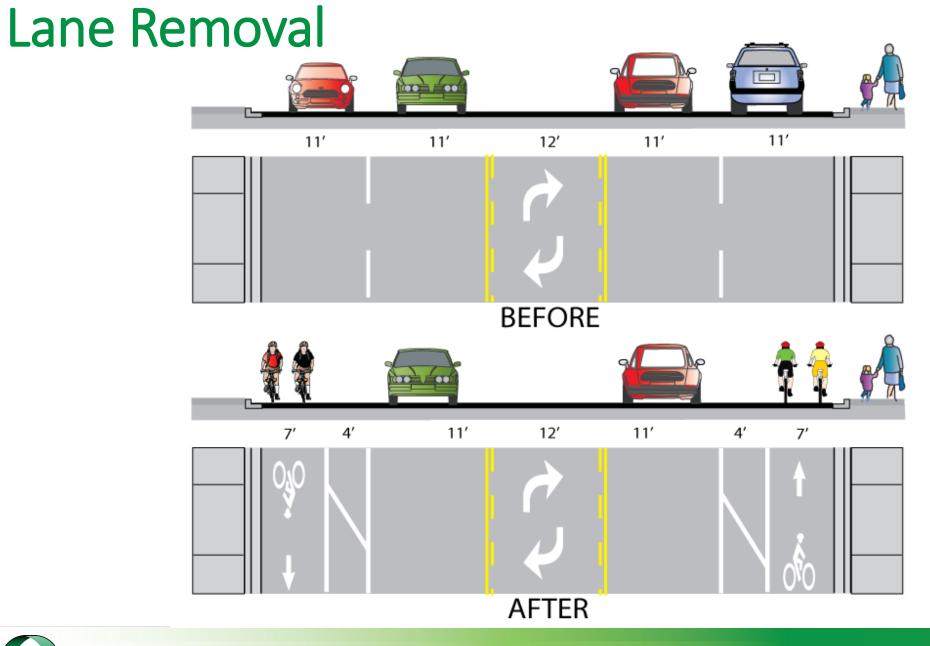






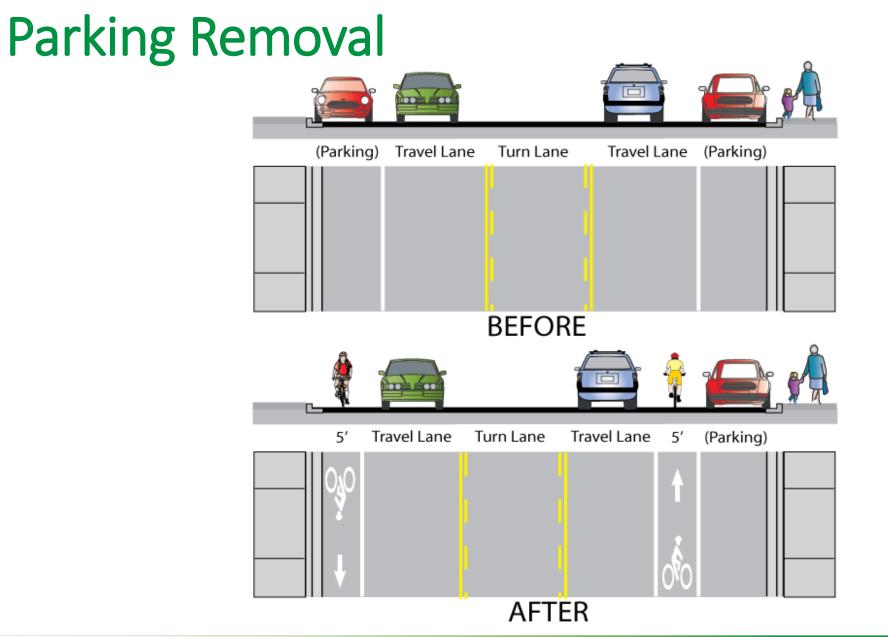








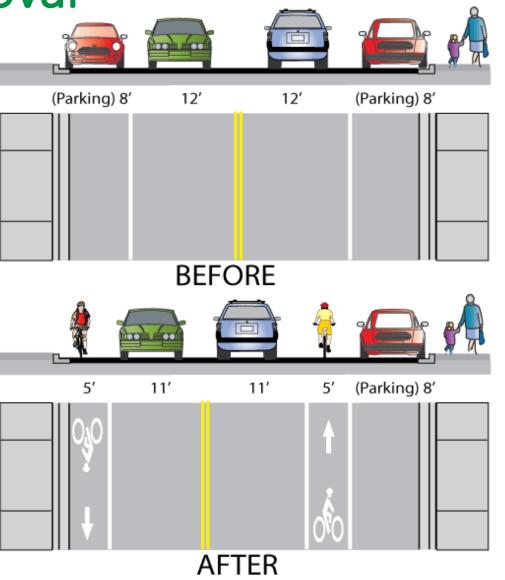








Parking Removal







Find the Space!

"Installing bicycle facilities during roadway resurfacing projects is an efficient and cost-effective way for communities to create connected networks of bicycle facilities."

https://www.fhwa.dot.gov/environment/bicycle_pedestrian/ publications/resurfacing/resurfacing_workbook.pdf



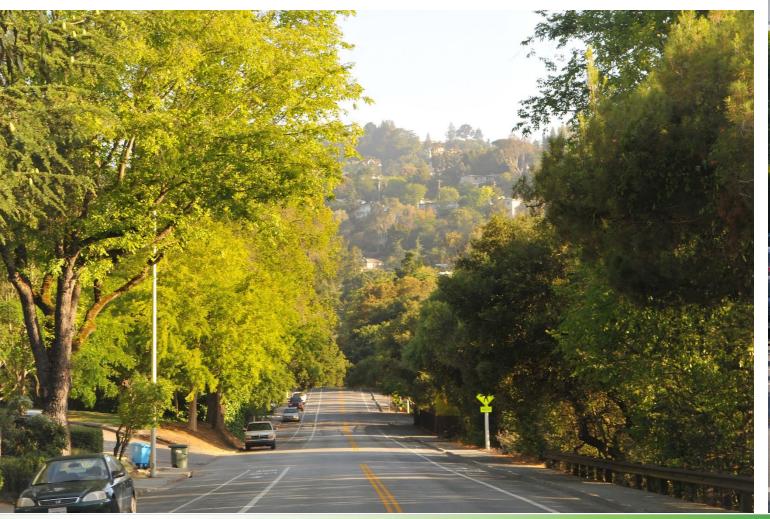
Incorporating On-Road Bicycle Networks into Resurfacing Projects







Use All of the Space!









- Signs
- Signals
- Roadway Markings
- Planters & Trees
- Bike Parking and Street Furniture
- Colored Lanes (bike/bus)
- Surface Treatments (epoxied gravel; paint)
- Stones/Boulders
- Superficial Construction (islands, etc)
- Programming & Events
- Part-Time Closures
- Flexible Parking Lane



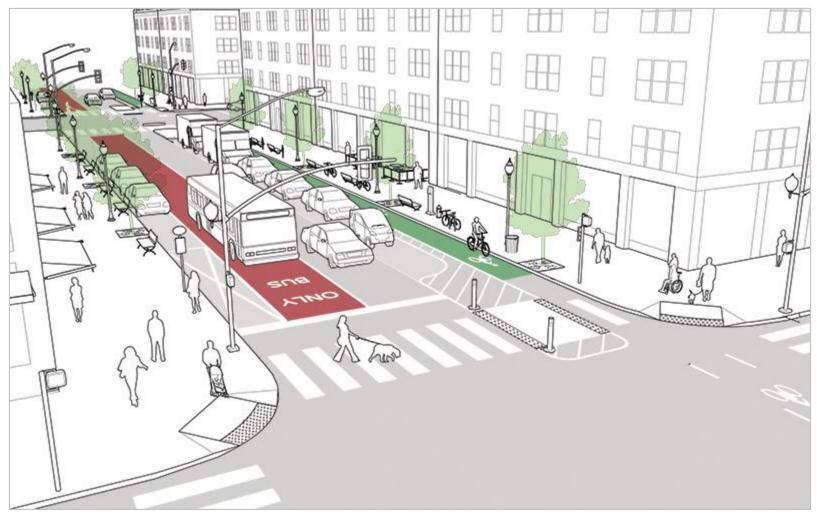




EXISTING CONDITIONS







INTERIM REDESIGN







RECONSTRUCTION











Oakland, CA





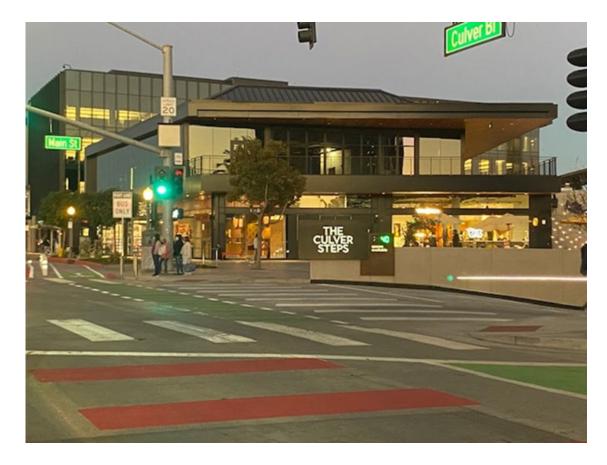
collision, decreased 11-fold from about nine per hour to less than one per hour.

Crossing distance shortened by almost 60%





Painted pedestria



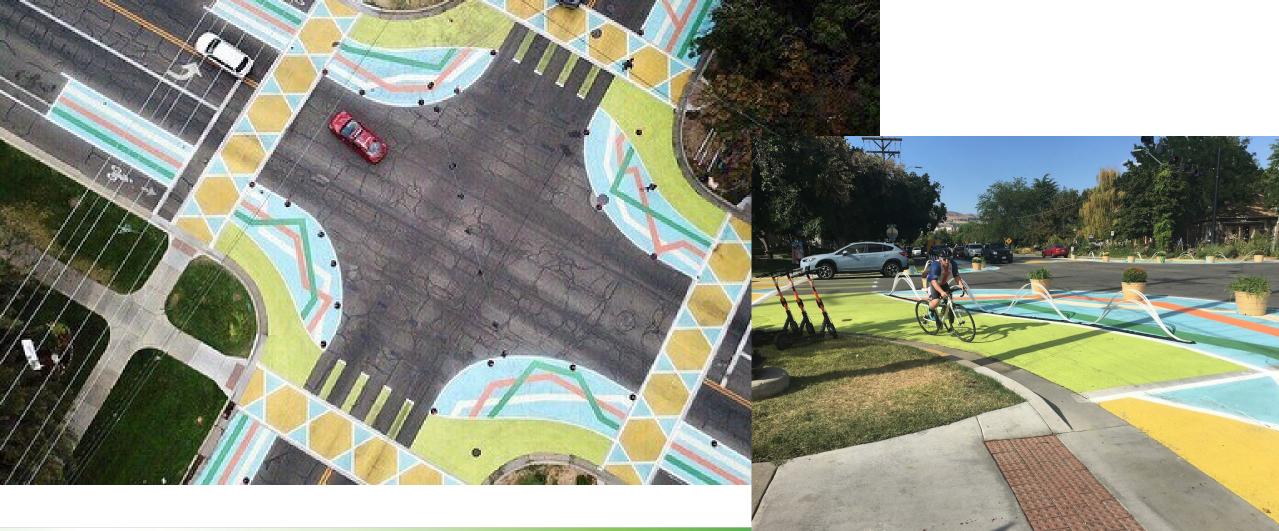
Culver City, CA



Santa Monica, CA

















Class II Bike Lanes

Key Things to Know

Topics for Class II Bike Lanes

- 1. Go Beyond the Minimums
- 2. Consider effective width
- 3. Maximize separation with buffering
- 4. Enhance where possible
 - 1. Mid-block
 - 2. Intersections
- 5. Special Design Cases





Go Beyond the Minimums

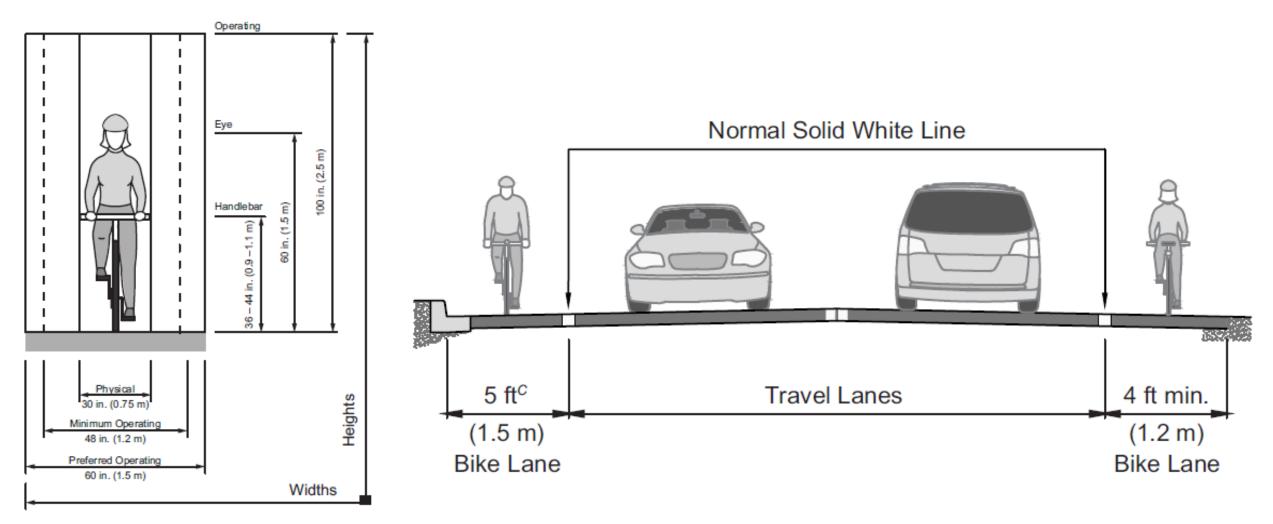


Figure 3-1. Bicyclist Operating Space

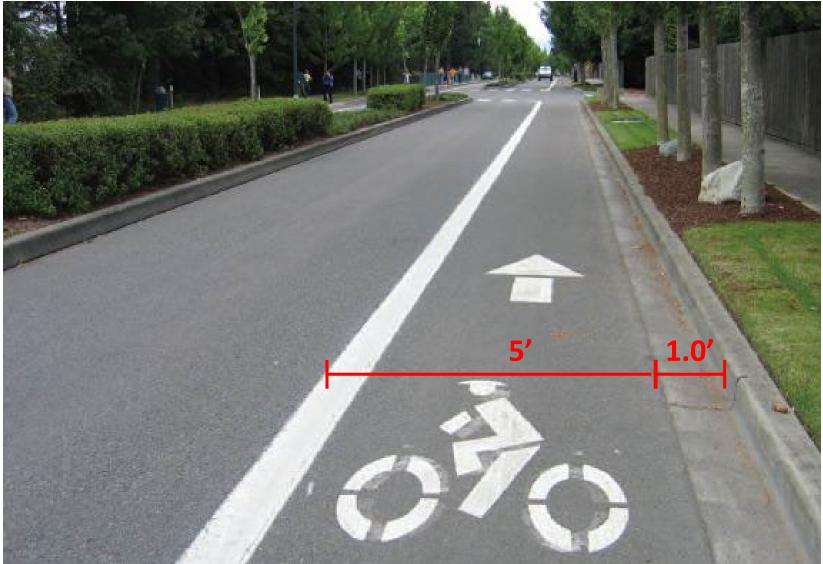




















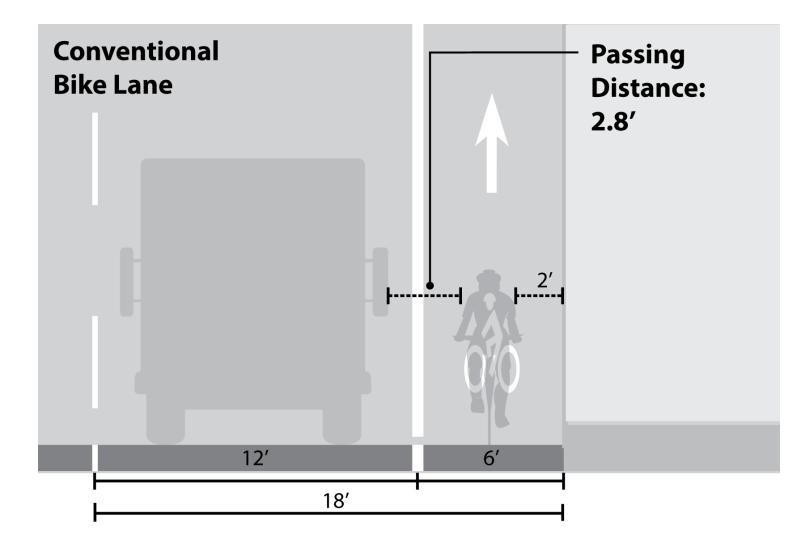








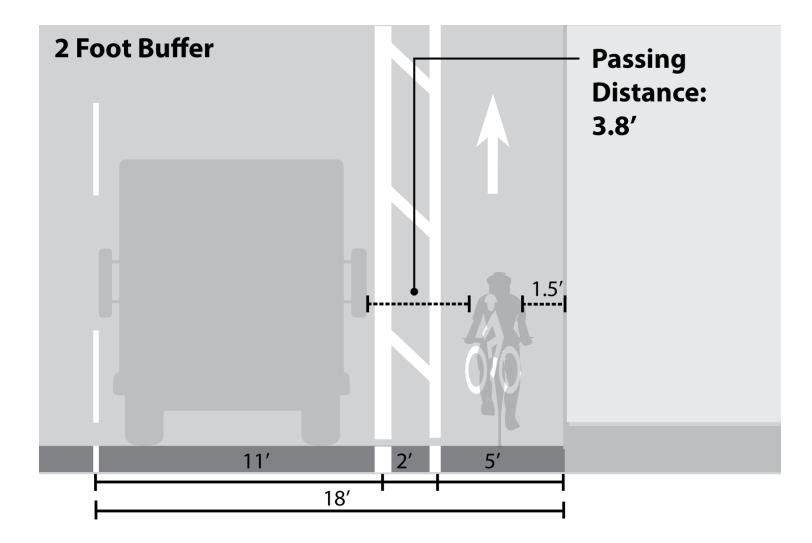
Impact of Buffer







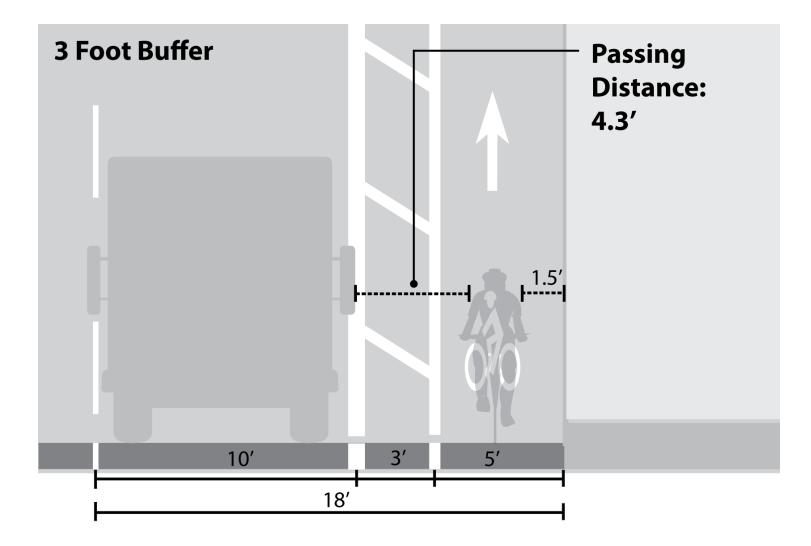
Impact of Buffer







Impact of Buffer







Buffered Bike Lanes







Buffered Bike Lanes







Parking Side vs. Travel Side

Quiz: If you could have one buffer, which one would you want as a bicyclist?

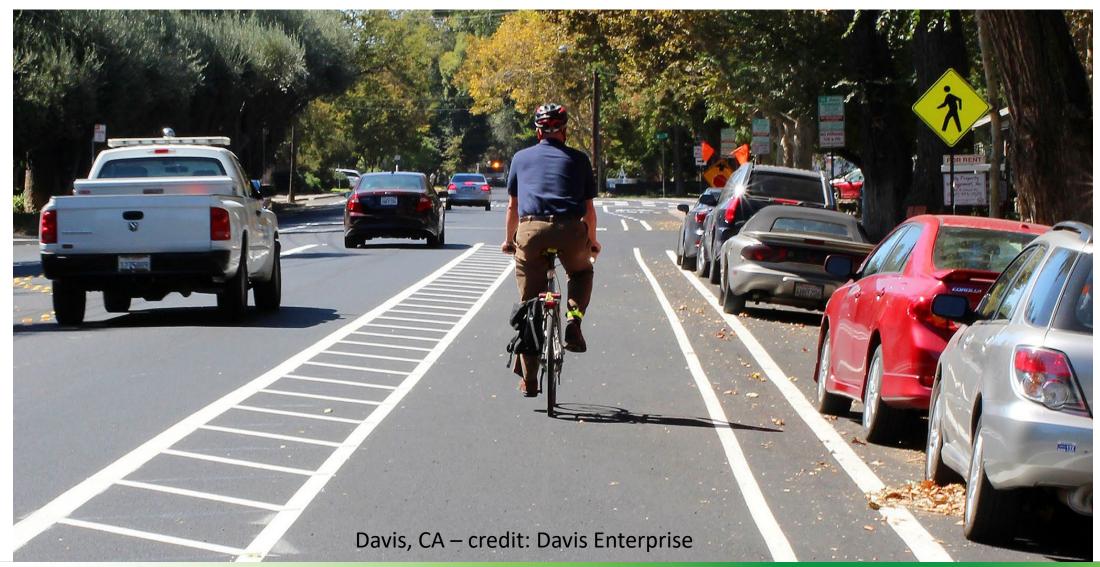






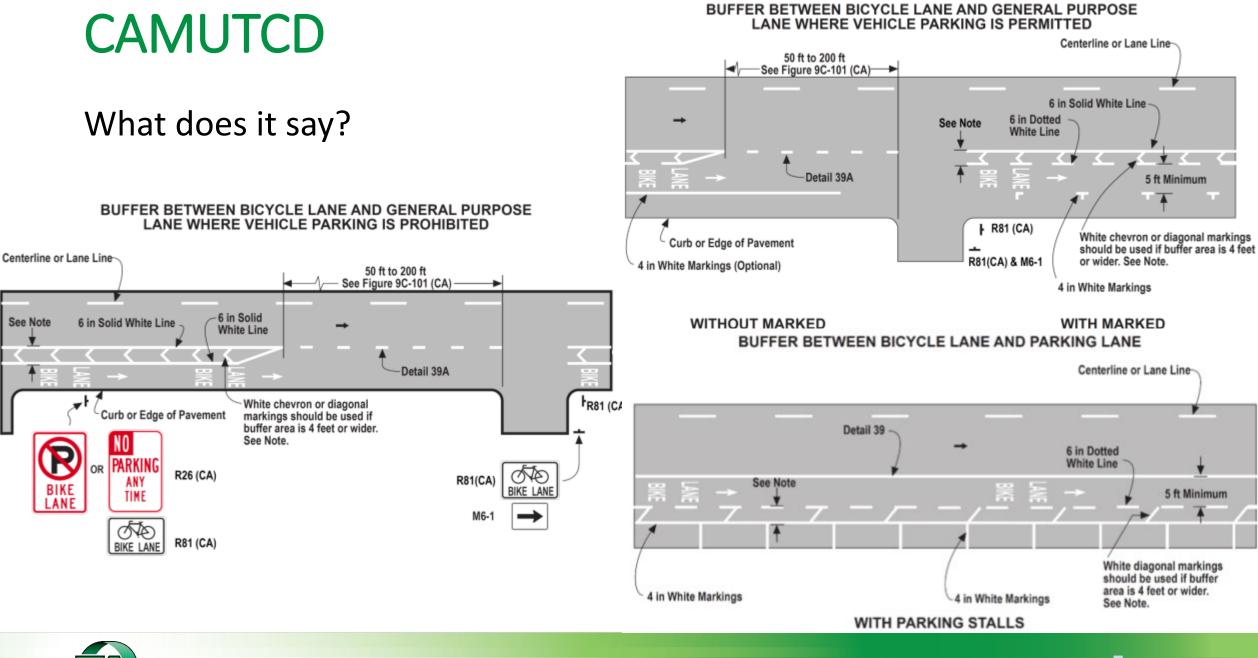


Buffered Bike Lanes









aita ₀

National MUTCD

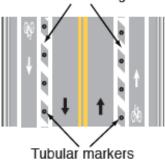
Draft MUTCD – what does it say?

Figure 9E-7. Examples of Lane Markings for Separated Bicycle Lanes

(Sheet 1 of 3)

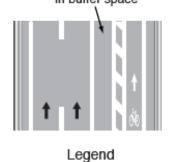
A. One-way Bicycle Lanes on a Two-Way Street

Note: Diagonal or chevron markings required if buffer width is 2 feet or greater



B. One-way Bicycle Lane on a One-way Street Behind On-Street Parking

Note: Parking permitted in buffer space



→ Direction of travel

C. Two-way Bicycle Lane on a One-way Street

Note: Diagonal or chevron markings required if buffer width is 2 feet or greater

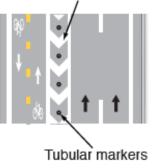
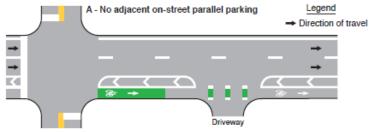
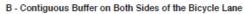


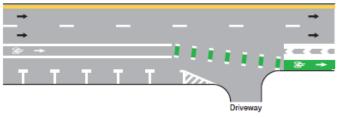
Figure 9E-6. Examples of Markings for Buffer-Separated Bicycle Lanes



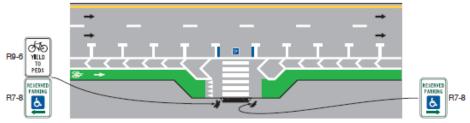




C - Transition of a buffer space between a bicycle lane and on-street parking to a buffer space where crosing is prohibited



D - Adjacent to Reserved Parking for Persons with Disabilities







Enhance Bike Lanes – Add Color







Enhance Bike Lanes – Rumble Strips

No!

Yes!







Enhance Bike Lanes – Intersections







Special Design Cases

- Railroad Tracks
- 60-90 degree crossing









Special Design Cases

- Curb inlets
- Utility covers



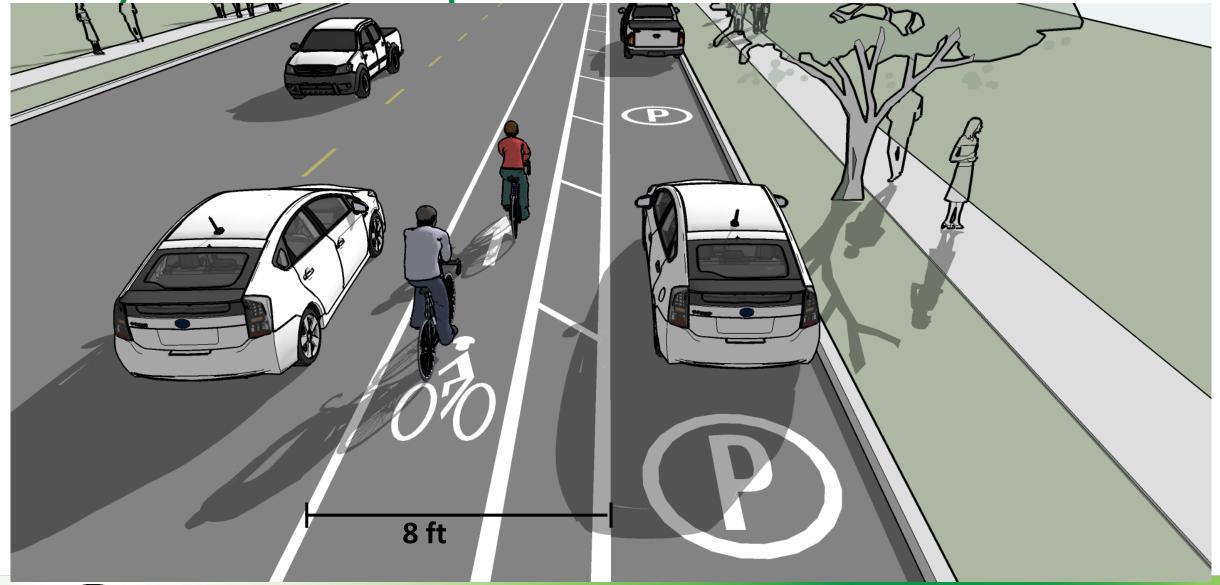




Class IV – Separated Bike Lanes

State of the Practice...

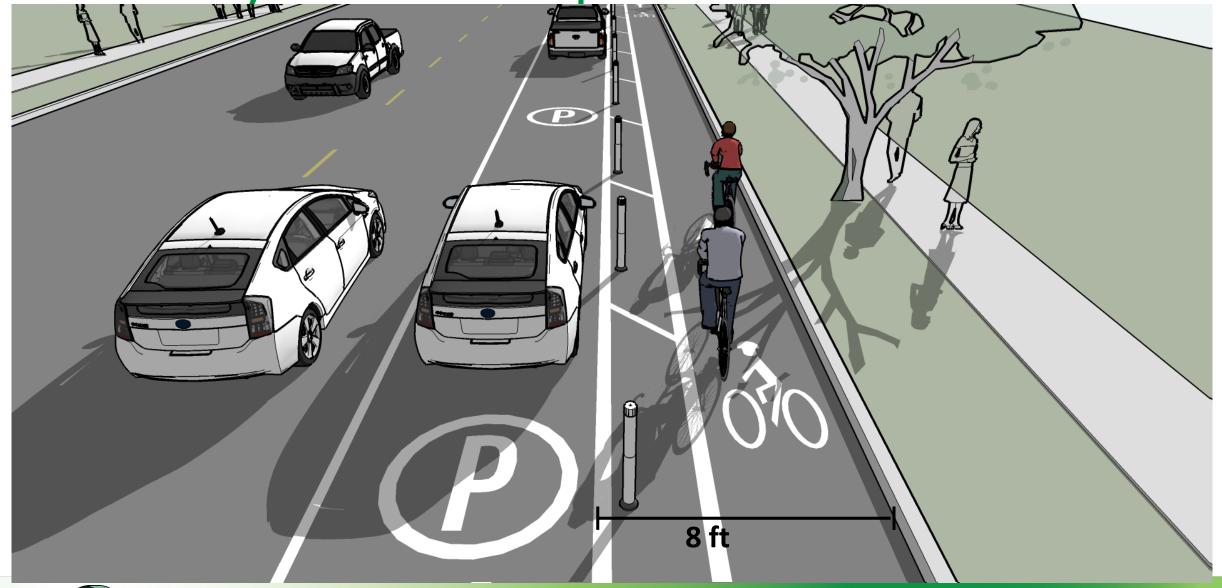
If you have the space to do this...







... then you have the space to do this.







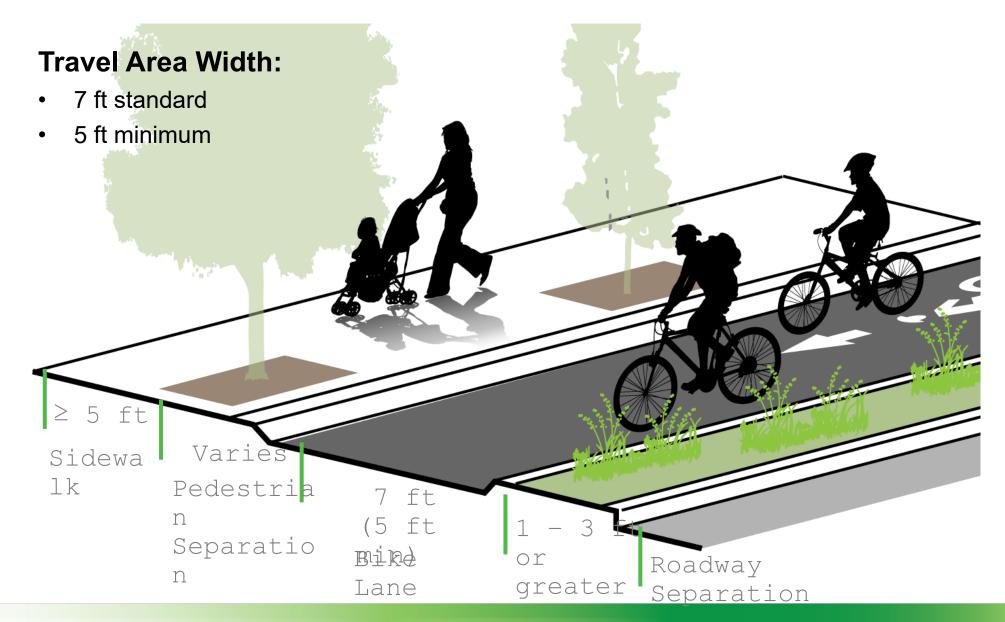
Where to Get Design Guidance

- NACTO UBDG (2011)
 - (under update)
- FHWA Separated Bike Lane Planning & Design Guide (2015)
- Design Information Bulletin 89-01 Caltrans
- CAMUTCD Part 9





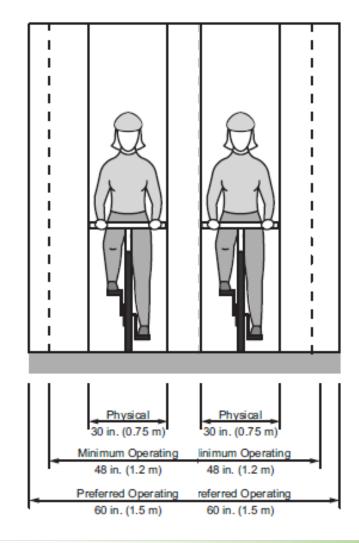








How Wide Should the Lane be?





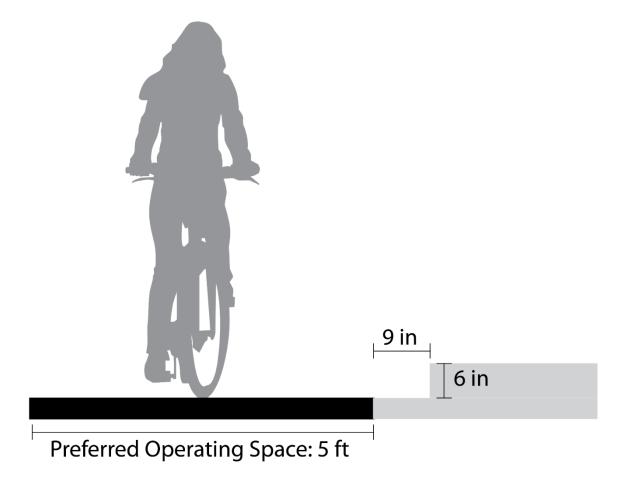






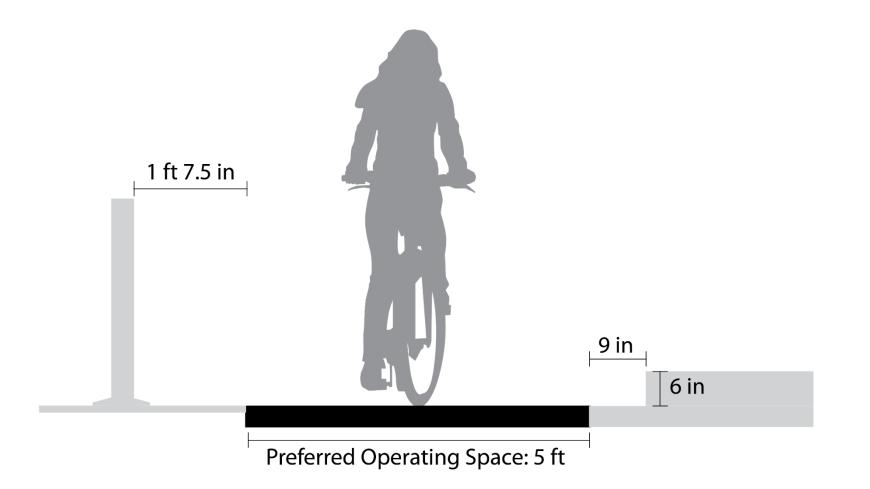






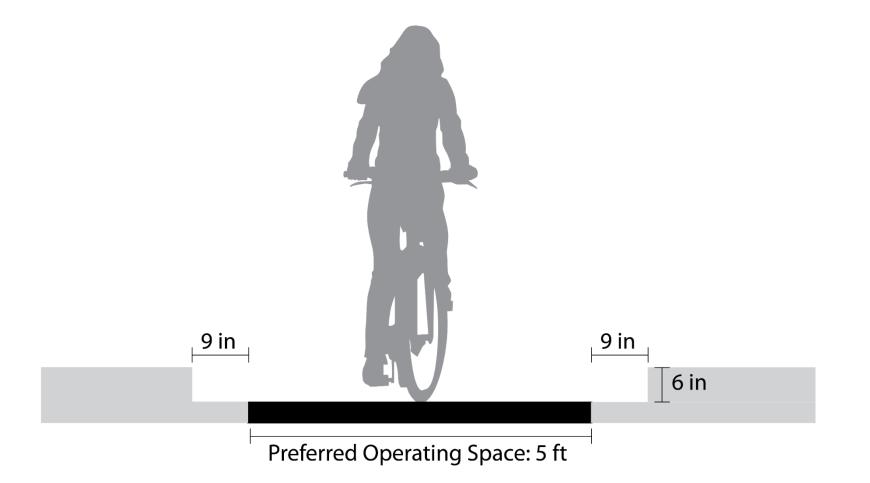






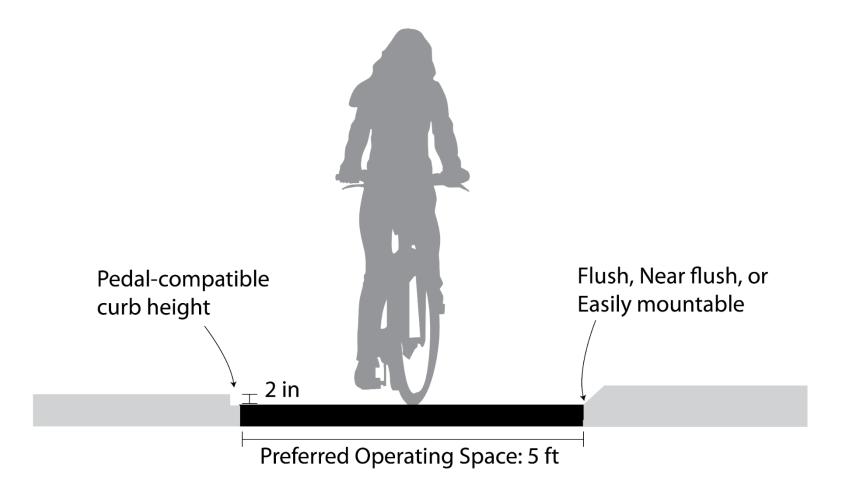






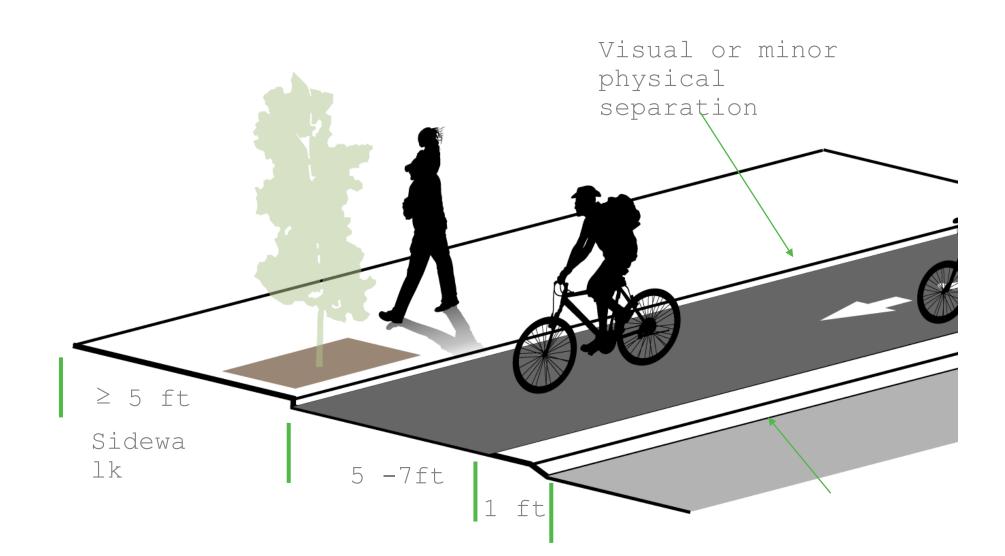
















Enhance Bike Lanes – Intersections







Barrier Types

Retrofit

- Parked Cars
- Flexible delineators
- Bollards
- Planters
- Modular curbs

Reconstruction

- Medians
- Raised with vertical or mountable curb
- Pedestrian Safety Islands







What about Driveways / Conflict Points?

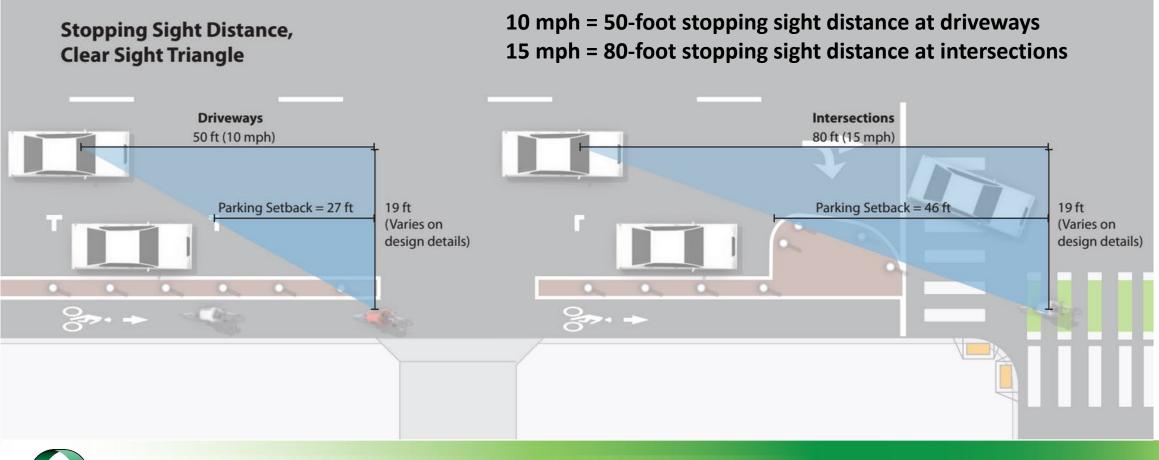
- 1. Clear visibility
- 2. Appropriate Markings (awareness and conspicuity)
- 3. Slow turning
 - 1. Raise crossing
 - 2. Compact corner
 - 3. Set back crossing





Conflict Points – Driveways - Visibility

Dimensions to be based on the design speed of the roadway, as reported in Table 9-21 Stopping Sight Distance for Turning Roadways in AASHTO's A Policy on Geometric Design of Highways and Streets,

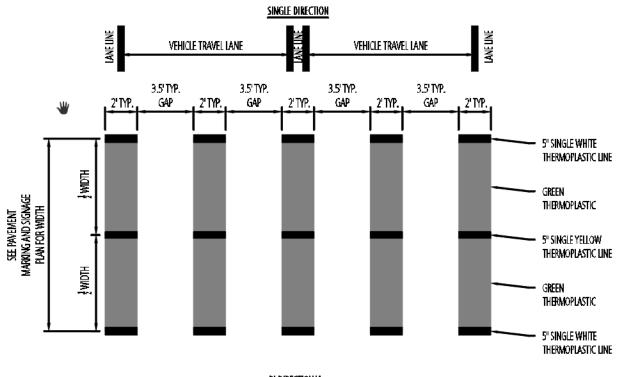






Conflict Points – Driveways - Markings

CAMUTCD – 2' dashes with gaps between 2 and 6'



BI-DIRECTIONAL

NOTES:

1. GAP WIDTHS ARE TYPICALLY 3.5'. SEE PAVEMENT MARKING AND SIGNAGE PLAN FOR ALTERNATIVE GAP WIDTHS. 2. POSITION MARKINGS TO ALIGN WITH THE CENTER AND EDGES OF VEHICULAR TRAVEL LANES AS PRACTICAL.







Conflict Points – Driveways – Turning Speed

- Maintain raised elevation (or raise up if at street level)
- Steep driveway apron slope to slow vehicles
- Colored pavement and signs





Conflict Points – Driveways – Turning Speed







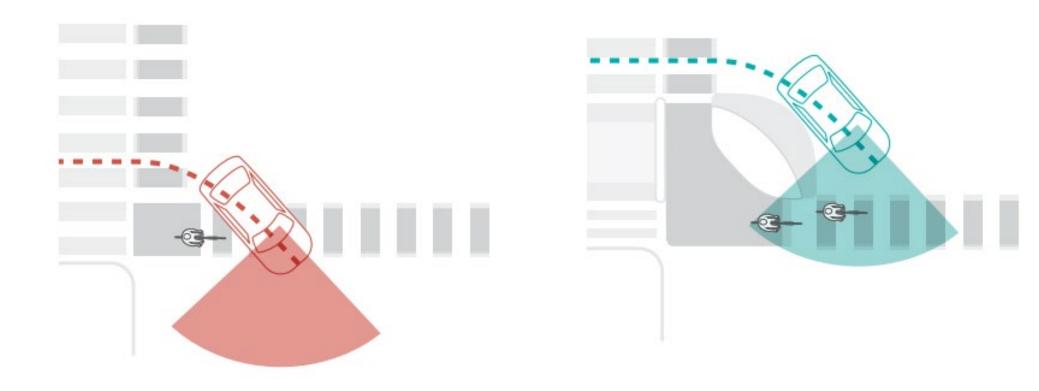
Conflict Points – Driveways – Compact







Conflict Points – Driveways – Set Back



Source: NACTO





Conflict Points – Driveways – Set Back







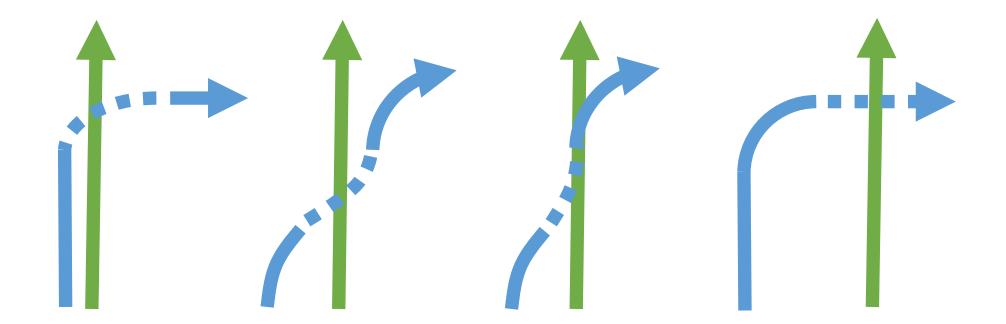
Intersection Treatments

Getting People on Bikes Safely and COMFORTABLY through intersections

Managing Right Turns

There are many existing designs that interact right turning vehicles and bicyclists very differently

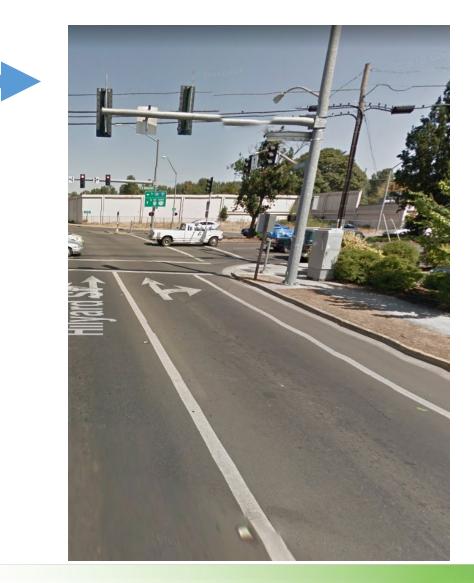
We need to manage comfort vs safety... ideally providing both!

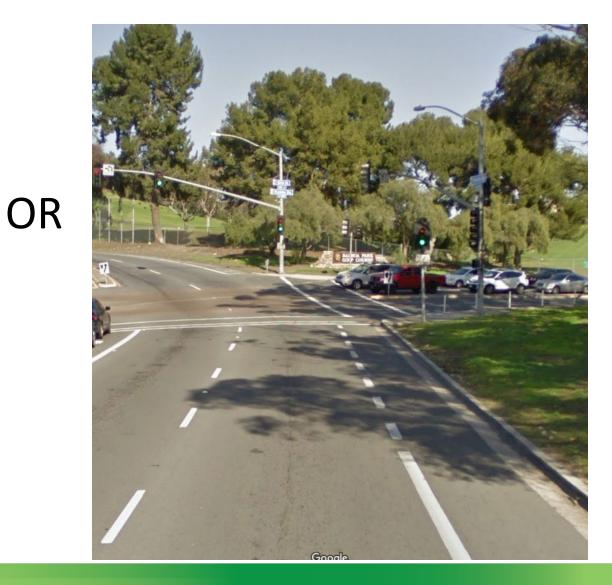






Right Turns – Which of These is Safer?

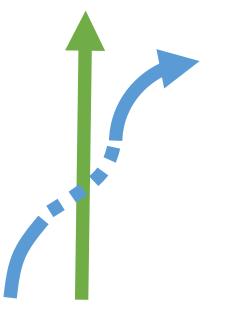






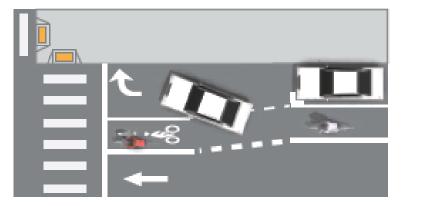


Through Bike Lane

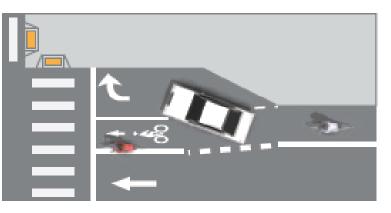


Auxiliary Right-Turn-Only Lane Added

These are appropriate conditions for use of through bike lanes.



Parking lane into right-turn-only lane. Through bike lanes provide bicycle priority within weaving area



Right-turn-only lane added at intersection with throat widening.

Through bike lanes provide bicycle priority within weaving area.











Through Bike Lane

Where are we asking people to ride? Is this comfortable or low-stress?





Safe

Comfort



Through Bike Lane







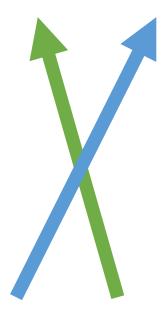


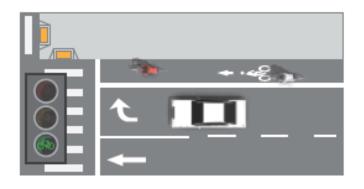
Is this a good idea?



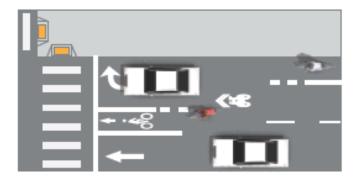




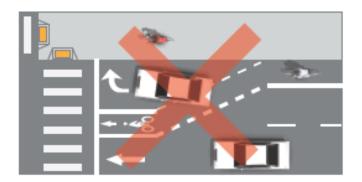




Exclusive bicycle signal phase used to separate conflicting movements.



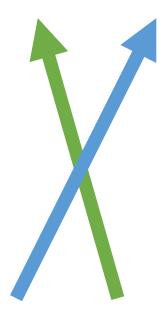
Bicycle lane dropped in advance of the intersection encourages bicyclists to merge across as gaps permit. Shared lane markings may be used to provide additional guidance.



Bicyclists are not provided priority in weaving area and must use caution to merge across potentially high-speed motor vehicle traffic. Dotted lane line transition areas to through bike lanes should not be provided at these locations.

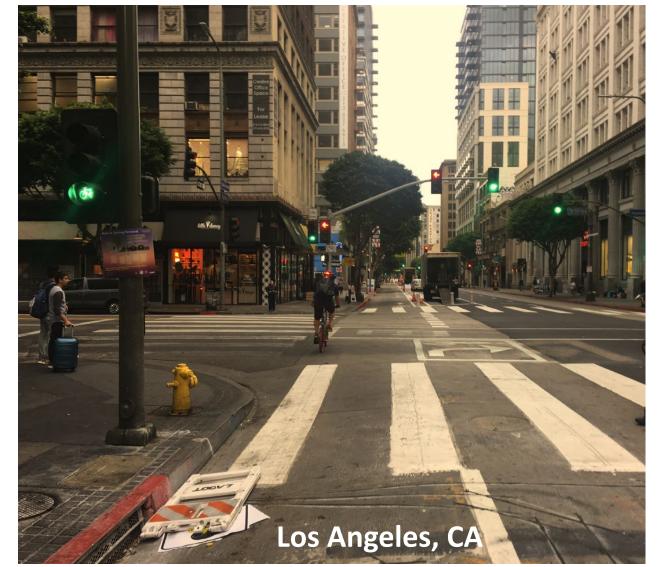






Safe Comfort

We will return to bike signals later...









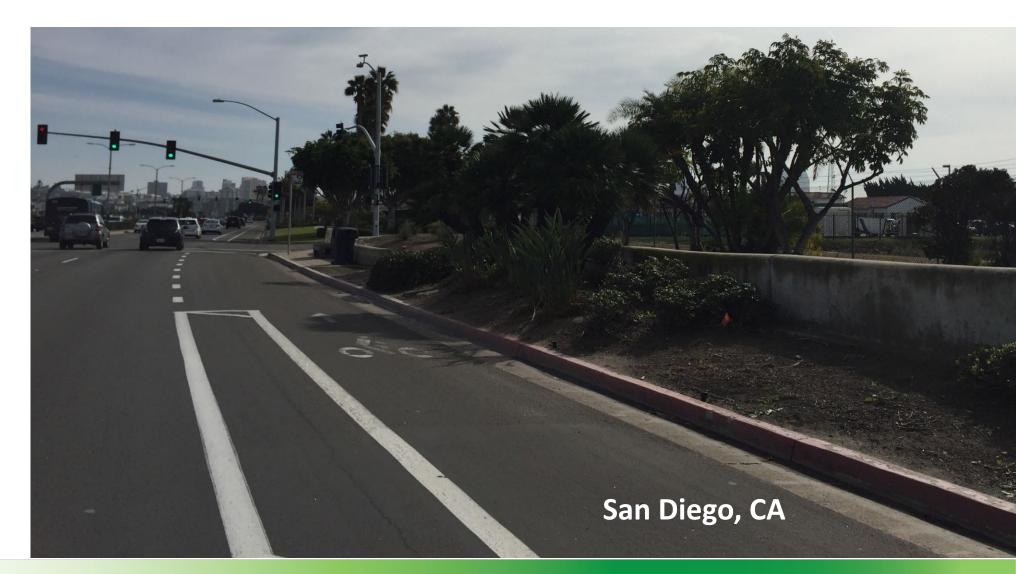






Shared Turn Lane / Mixing Zone

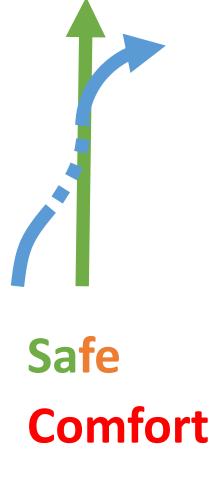


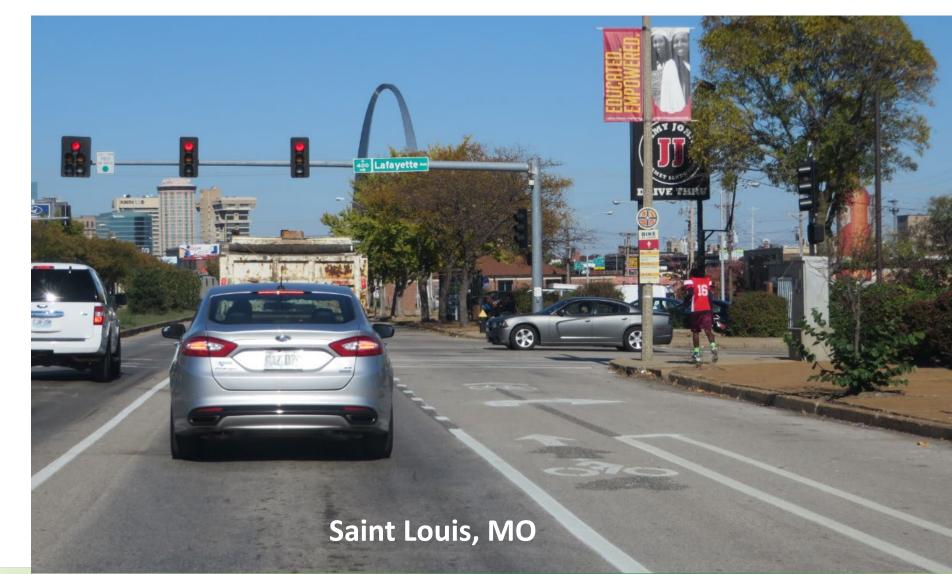






Shared Turn Lane / Mixing Zone

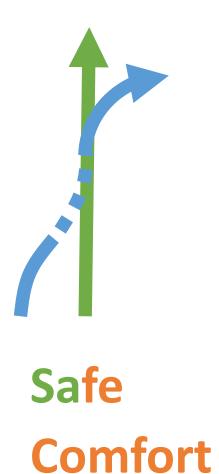








Shared Turn Lane / Mixing Zone



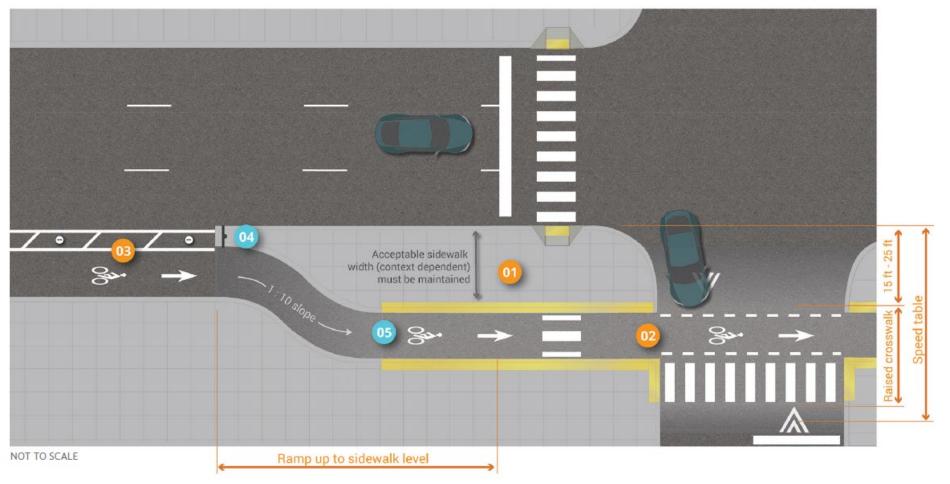








FHWA Separated Bike Lane Planning and Design Guide (2015)























96% of drivers approaching a bicyclist yielded and 100% of drivers approaching a pedestrian yielded.

Safe Comfort

98% of vehicles turned at speeds at or below the speed limit.

9th and Division Street Protected Intersection

San Francisco's first protected intersection

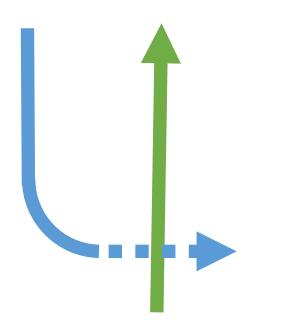






Managing Left Turns

The FHWA estimates that eliminating permissive left turns can reduce the number of expected crashes by 70% (CMF .30, CRF 70%)



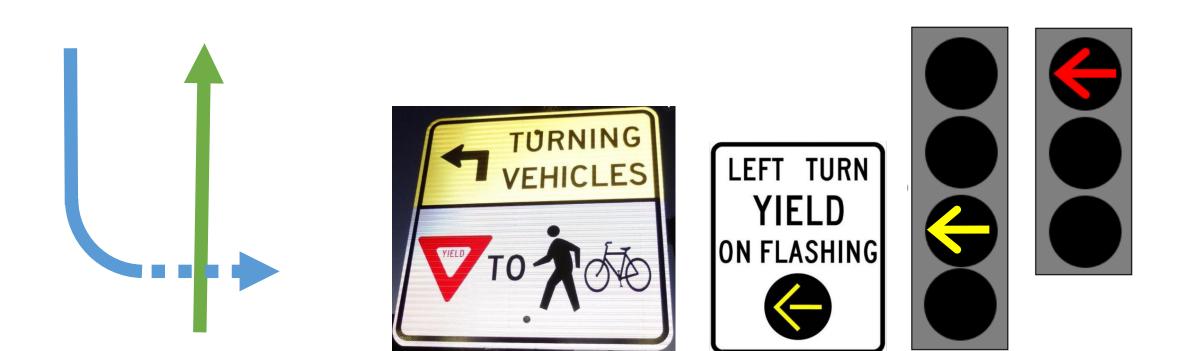
If you can't eliminate permissive lefts – Same techniques in play

- Left turning Warnings
- Hardened Centerlines





Managing Left Turns - Warnings







Managing Left Turns – Hardened Centerline

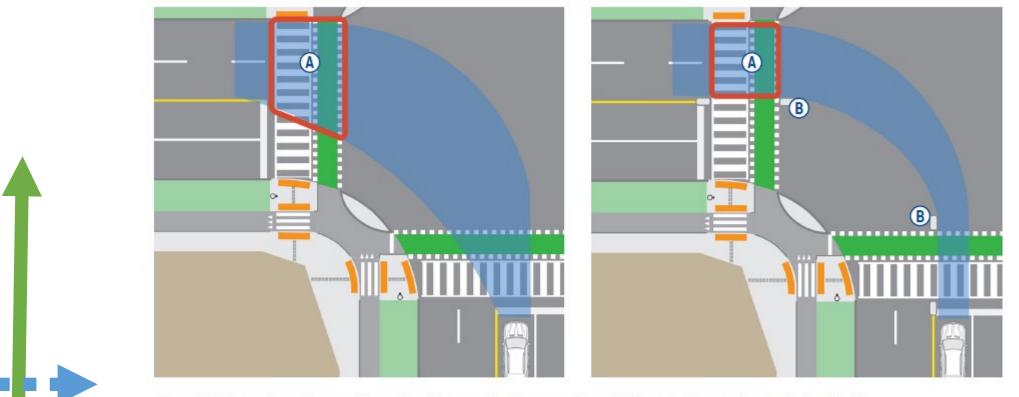


Figure 5.7. Comparison of turn radius and conflict zone for left turns without (left) and with centreline hardening (right) Design Features

- A Conflict zone between left-turning vehicles and vulnerable road users
- B Centreline hardening





Managing Left Turns – Hardened Centerline

Hardened Centerline – Oakland, CA – Adeline Street at 18th Street

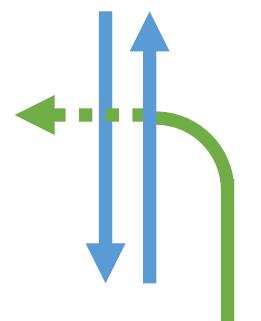


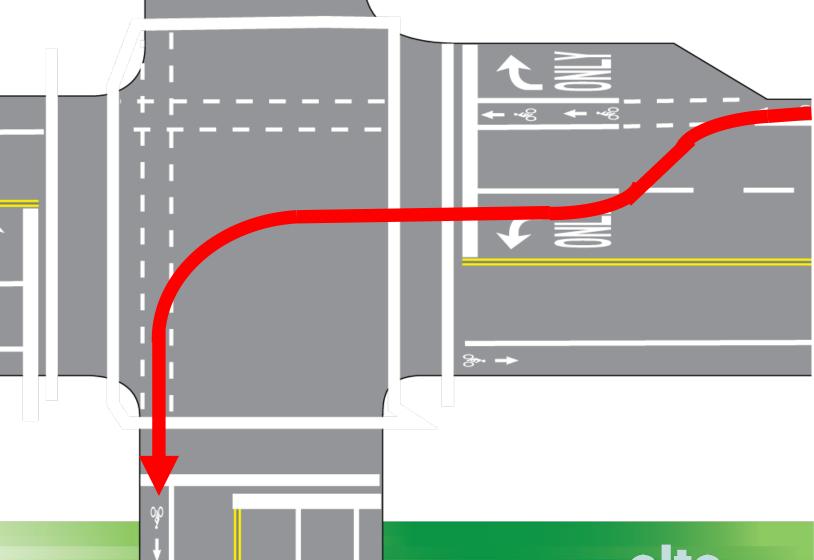




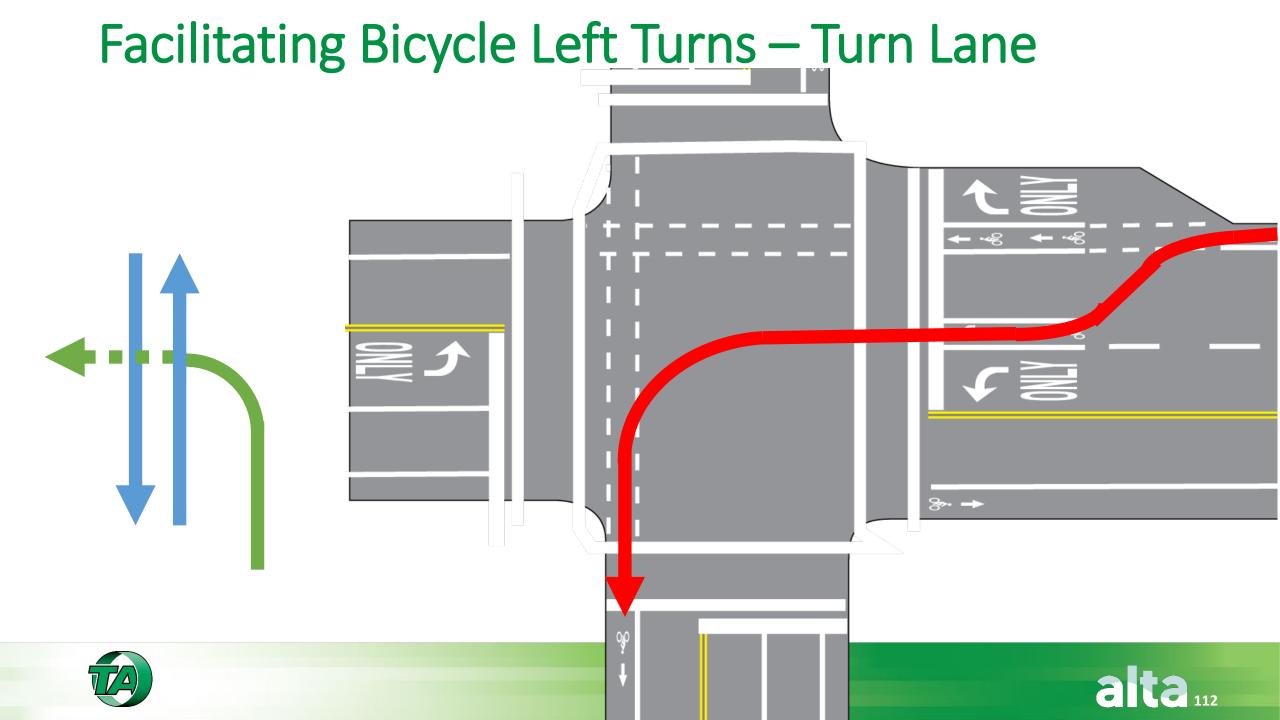
Facilitating Bicycle Left Turns

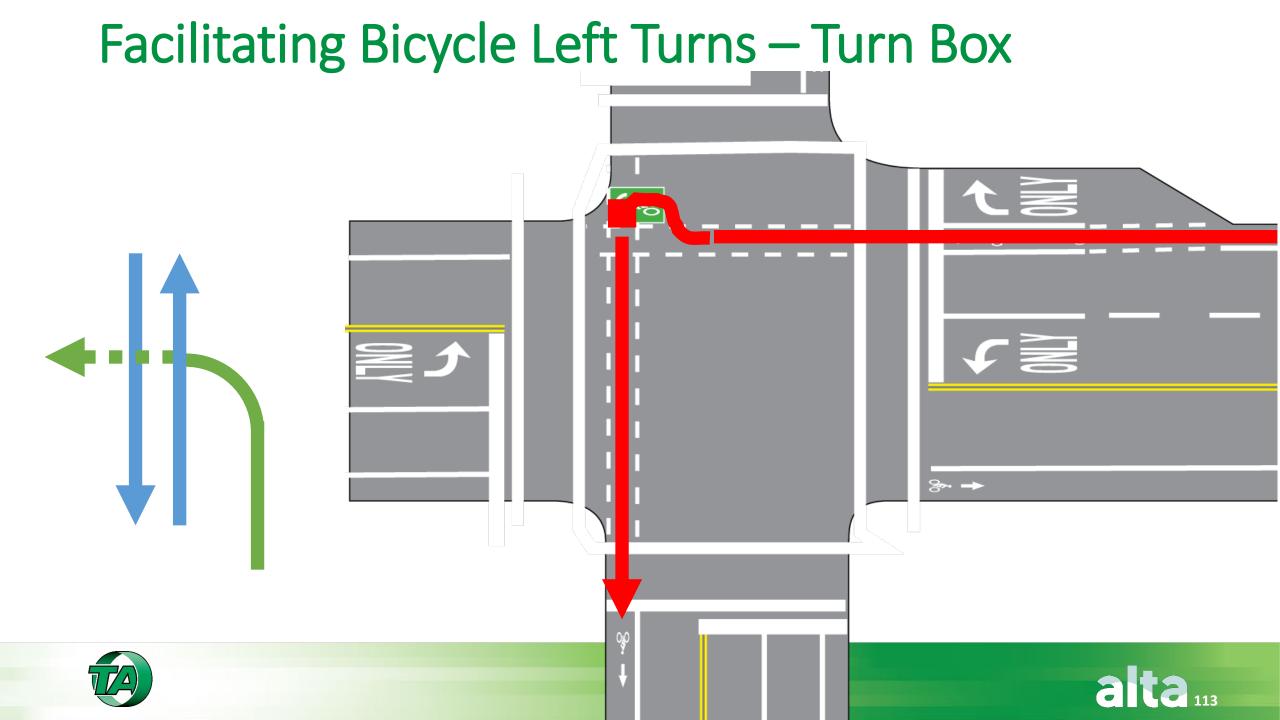
Left Turns are often not comfortable and can be confusing











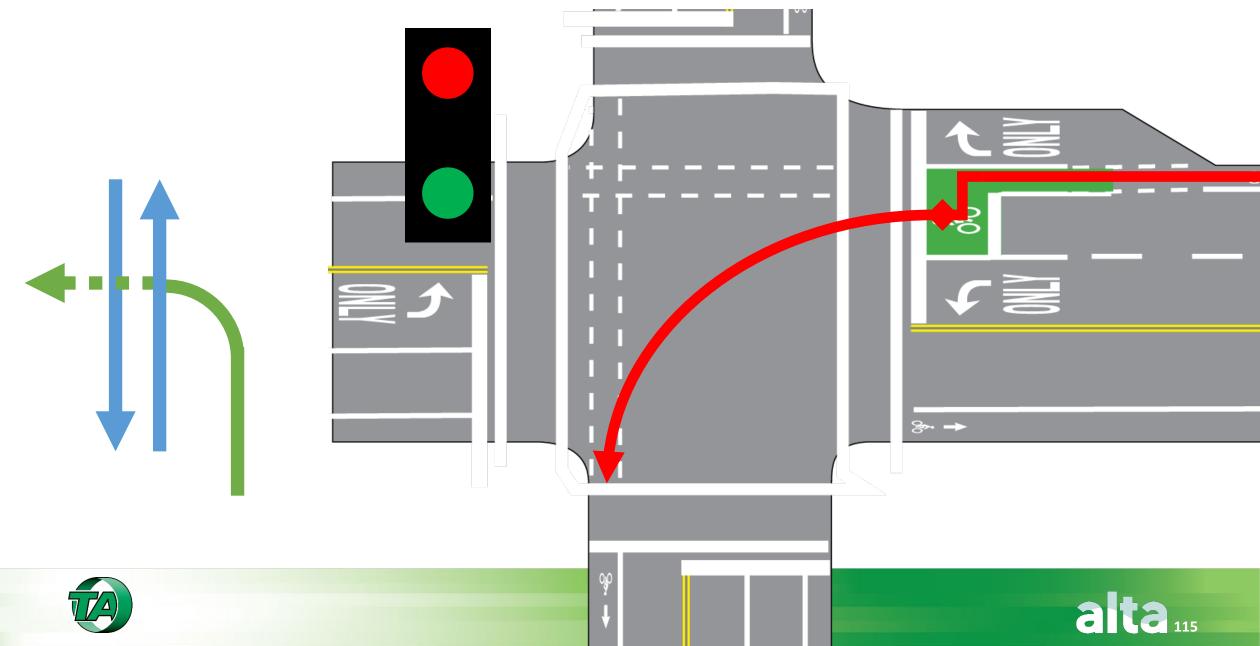
Facilitating Bicycle Left Turns – Turn Box



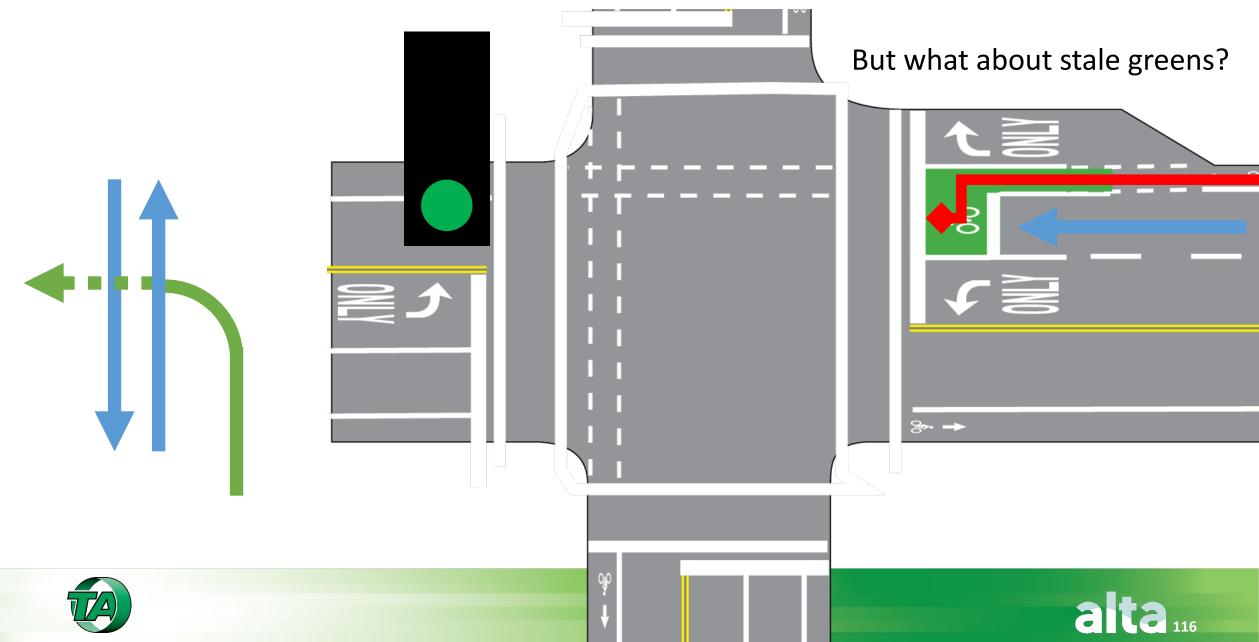




Facilitating Bicycle Left Turns – Bike Box



Facilitating Bicycle Left Turns – Bike Box











Bike Boxes

Best used:

- To queue large numbers of bikes to quickly clear an intersection
- On semi-actuated signal approaches where likelihood of arriving on red signal is high
- Where history of right hook collisions exist as interim measure



Mountain View, CA



Bike Boxes

Situations to avoid:

- Higher speed multi-lane approaches
- Approaches along "main line" of intersection
- Application of bike box specifically for bicyclist left turns

Mountain View, CA











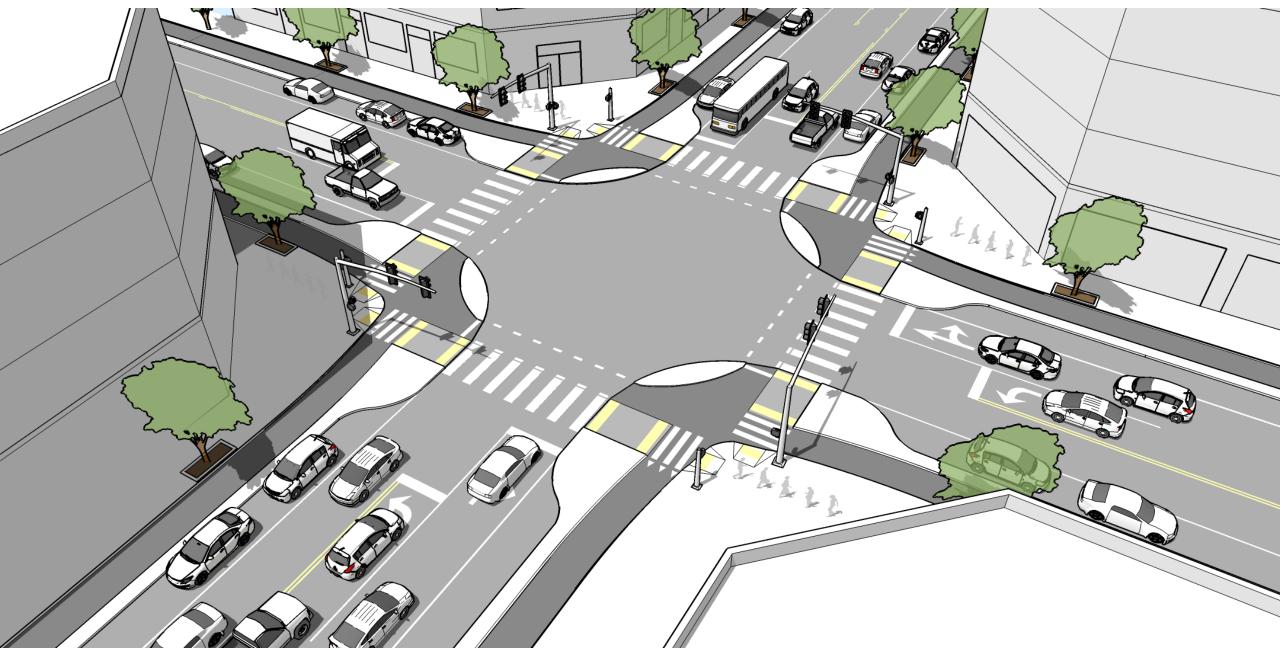


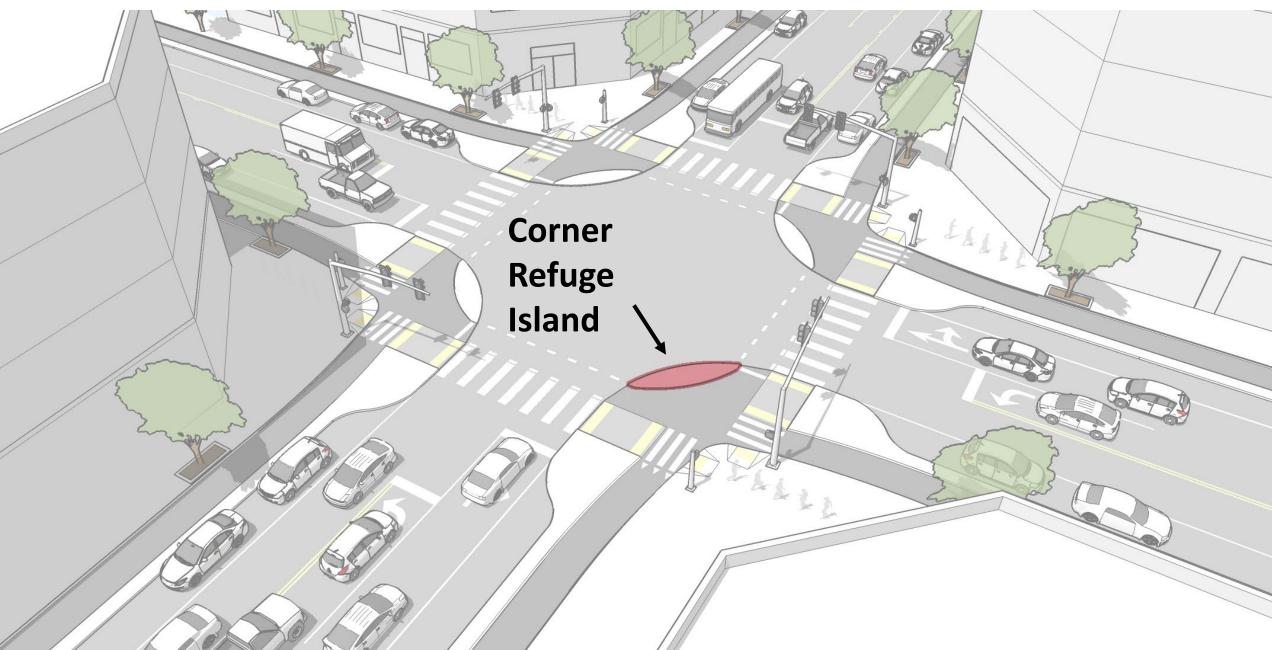
Comfort & Safety

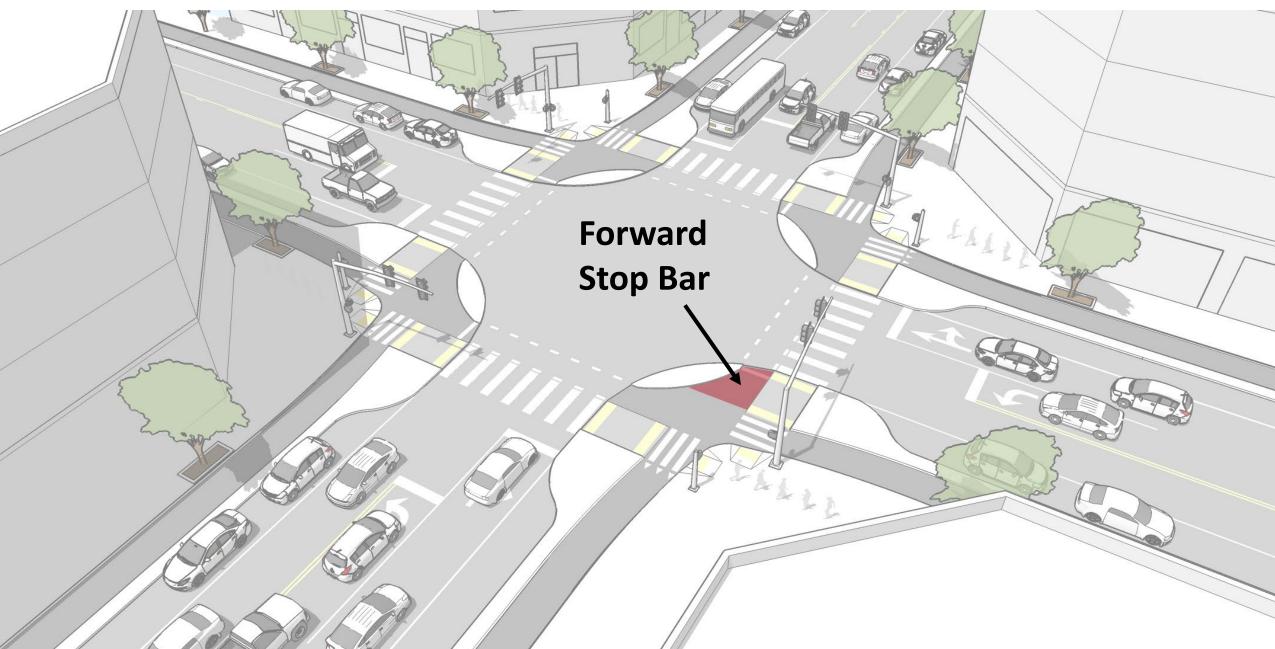


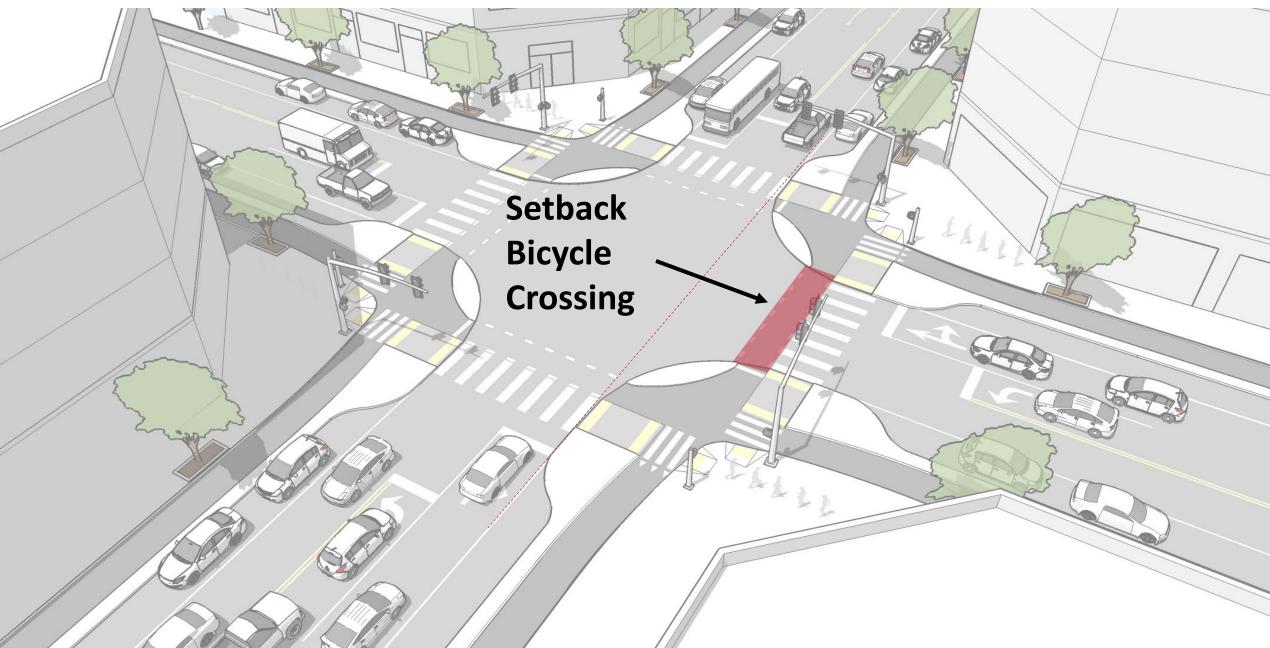












A Few Ways to Build it

Full Construction







A Few Ways to Build it

Surface Concrete - Retrofit

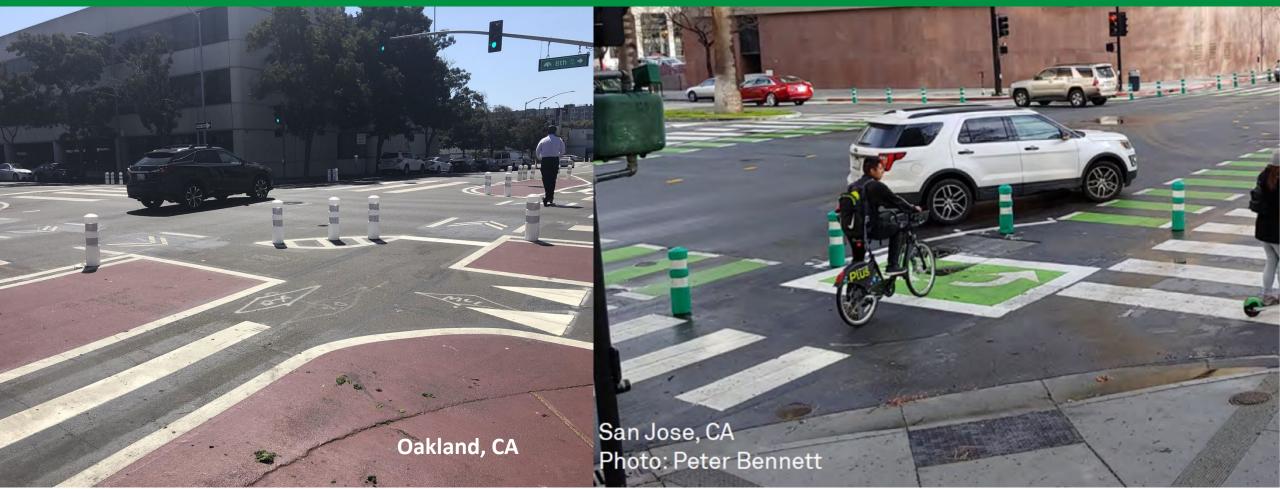






A Few Ways to Build it

Paint and Posts







Special Uses - Transitions







Bike Signals

How and when to use them...

Where Was the First US Bike Signal?

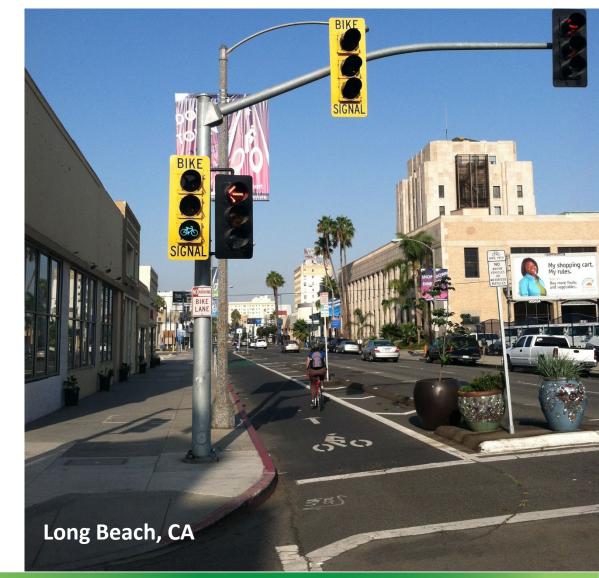
Chicago, IL Tucson, AZ Davis, CA Portland, OR New York, NY





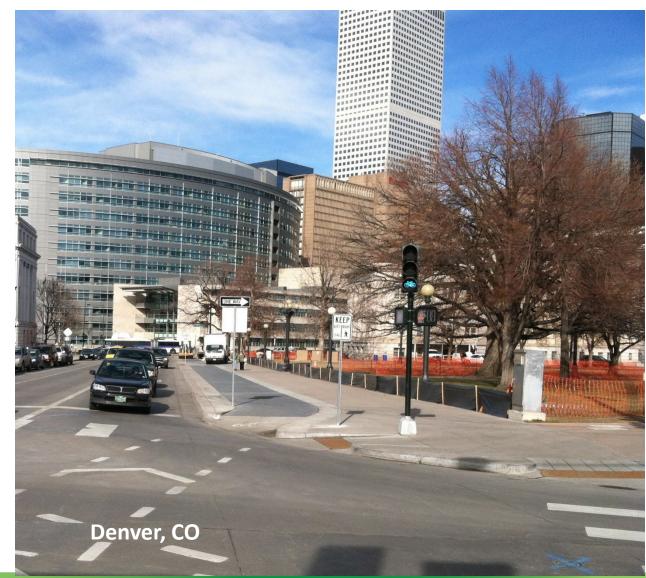


- Separate bikes from turning cars
- High volumes of turning vehicles
 - >150/hr in peak for one-way
 - >50/hr in peak for two-way
- Multiple Turn Lanes (only option)
- In locations with drop lanes (previously covered)





- Provide direction for contra-flow bike movements
- Contra-flow bike lanes against one-way streets
- Two-way Class IV bike lanes in most situations







- Low Volume Bike Boulevard Crossings
 - As part of many possible configurations of crossing treatments... more on this to come...







- For bike only or diagonal approaches – Unique Geometry
- Class I or IV crossings
- Unique intersections















Transitions Off-street to on-street





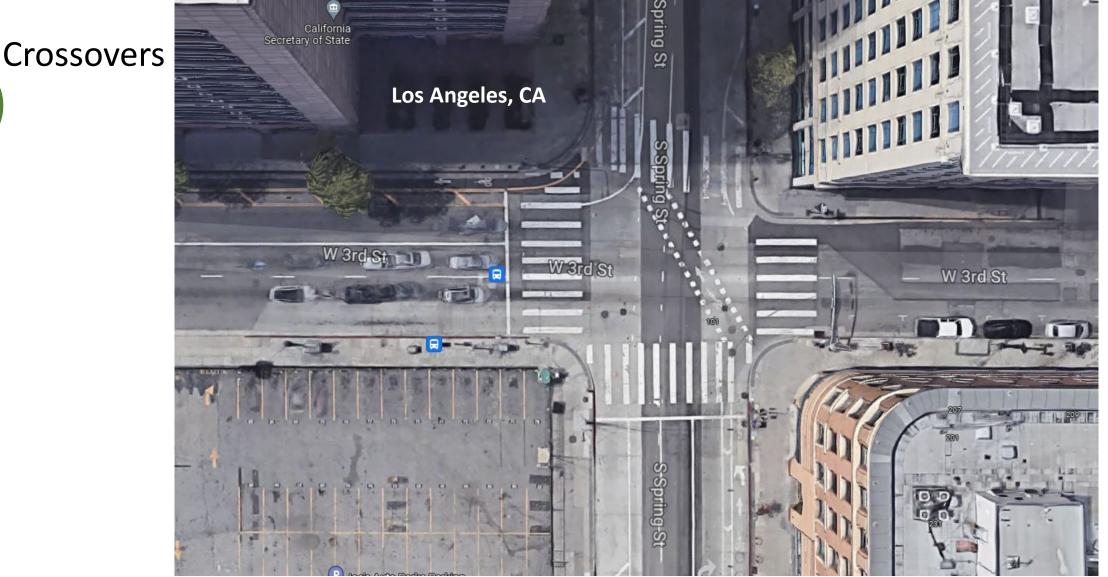




- Crossovers Unique Geometry
- Right side bike lane to left side bike lane
- Separated bikeway transitions











- **Reduce Delay**
- Bicyclist speeds higher than pedestrian speeds
- Clearance times shorter
- The signal can be actuated
 - by peds (longer crossing time) or
 - bikes (shorter crossing time)

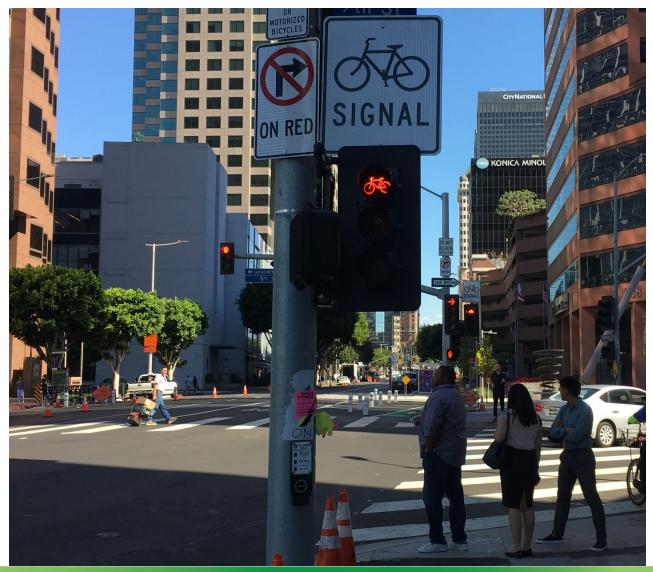






Bike Signal Restrictions

- Must have exclusive bike facilities – no shared lanes
- No use with Hybrid Beacons
- No bicycle scrambles
- No Leading Bicycle Interval (LBI)







Special Considerations

- Short Bicycle Green Intervals
- Large Intersections (red light)
- Bicycle Compliance
- Bicycle Progression
- Vehicle Delay
- Signal Actuation or Recall?
 - Bicycle Detection



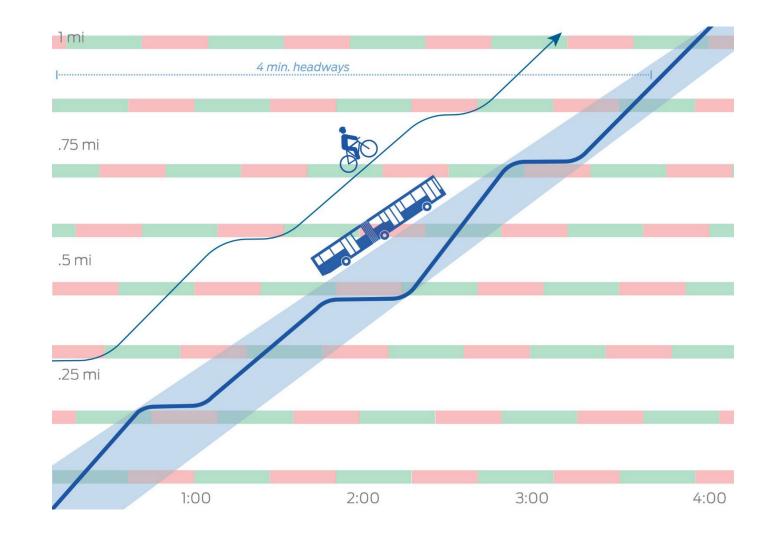




Transit Stops and Bike Facilities

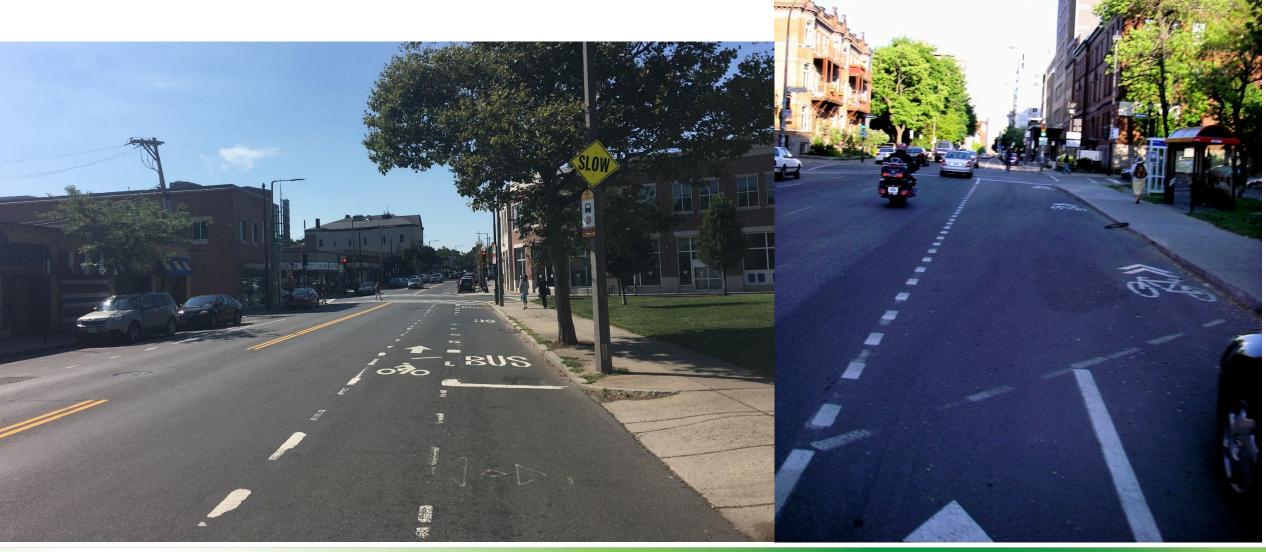
High level review

- Overall progression of buses and bikes is similar
- Creates "leapfrogging"















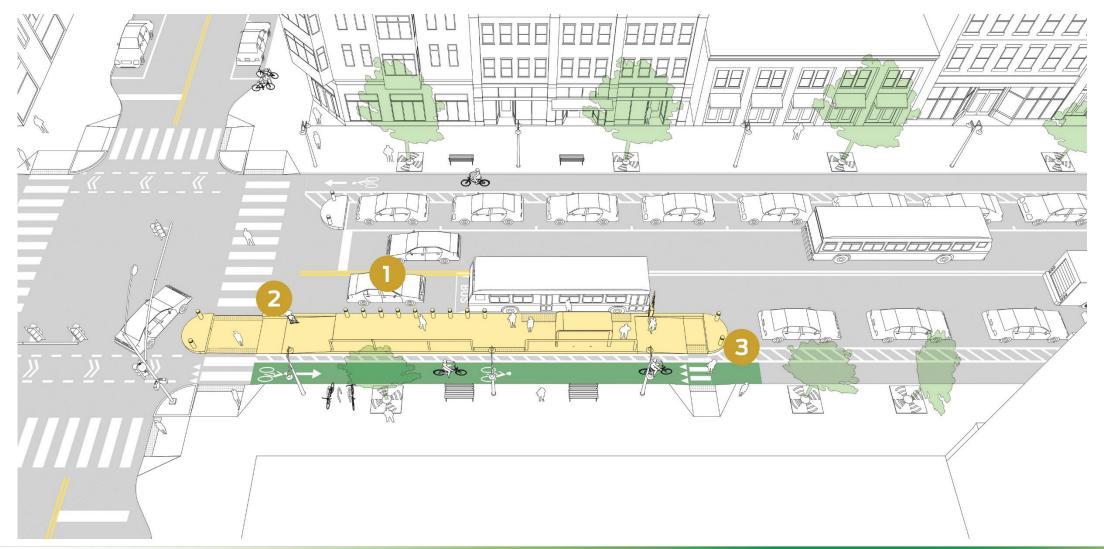






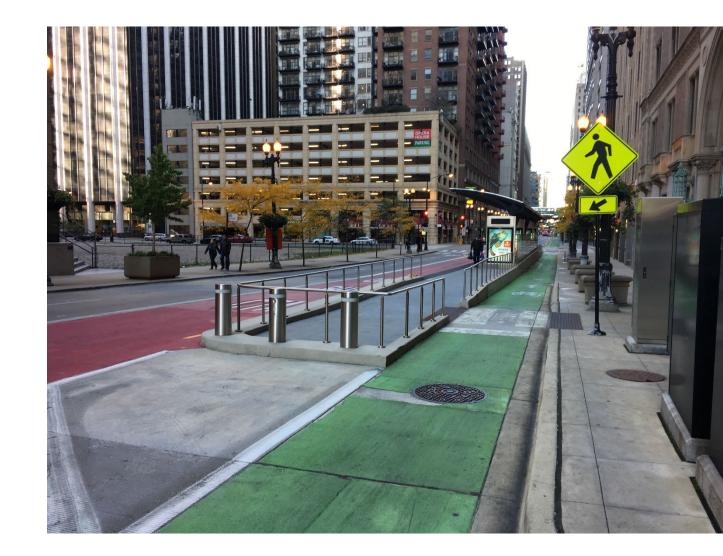






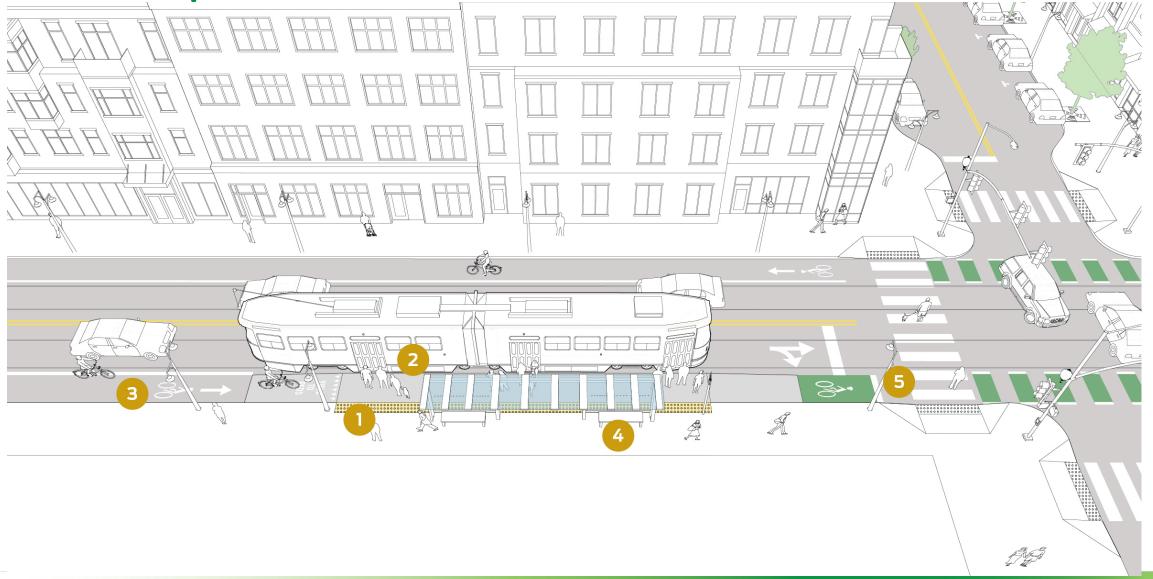






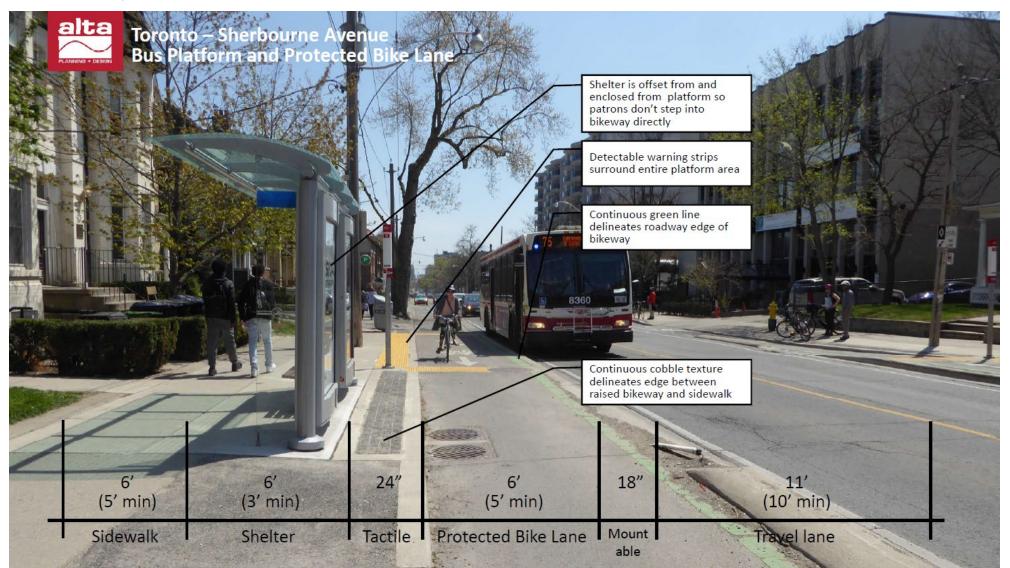






















6004

VAL





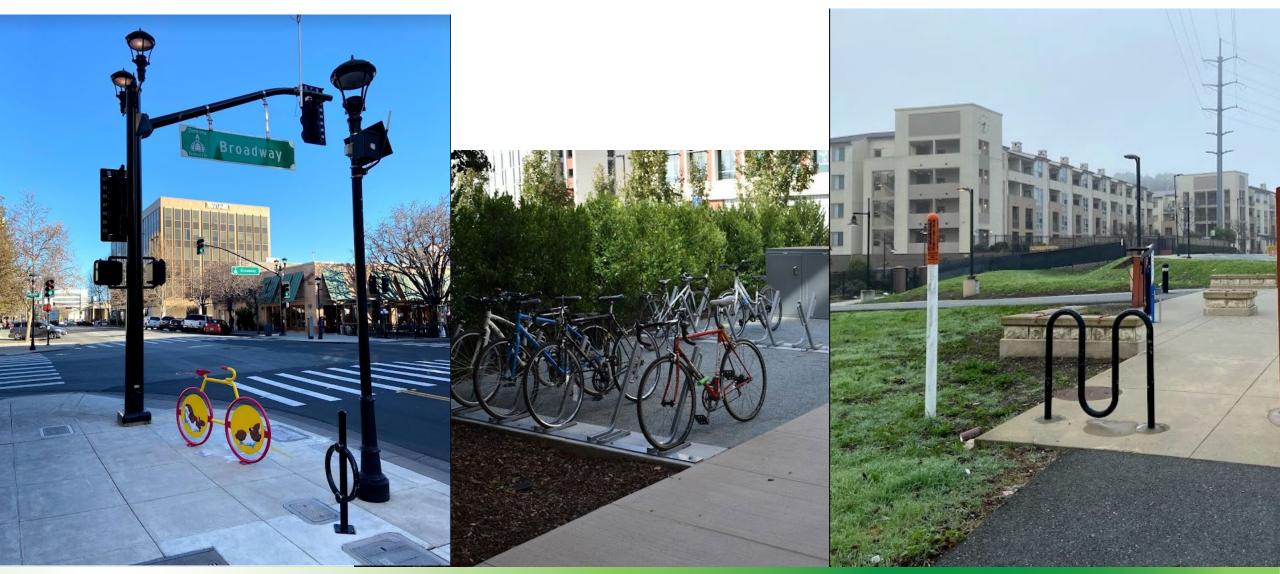




Bicycle Parking

Where, when and how much?

Short Term Parking







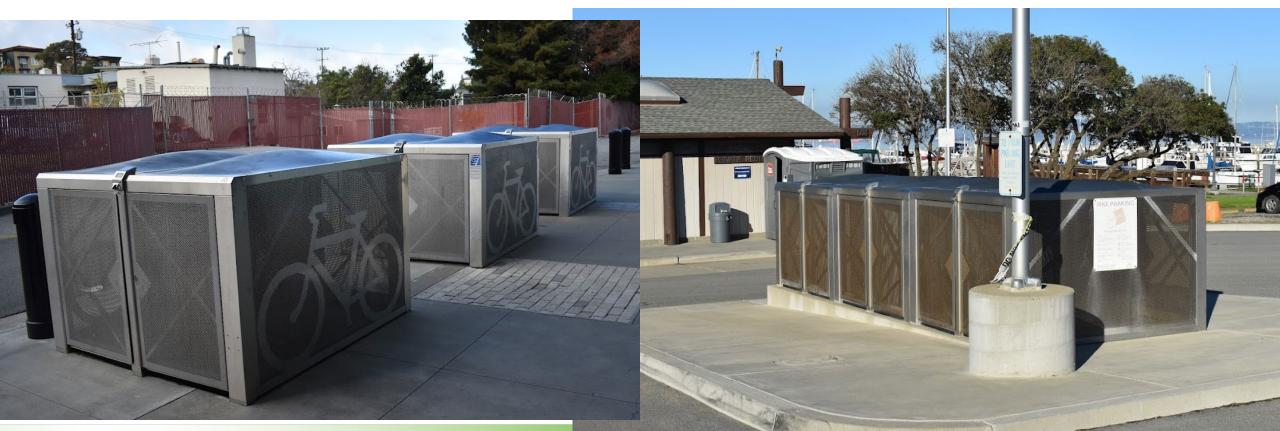
Short Term Parking







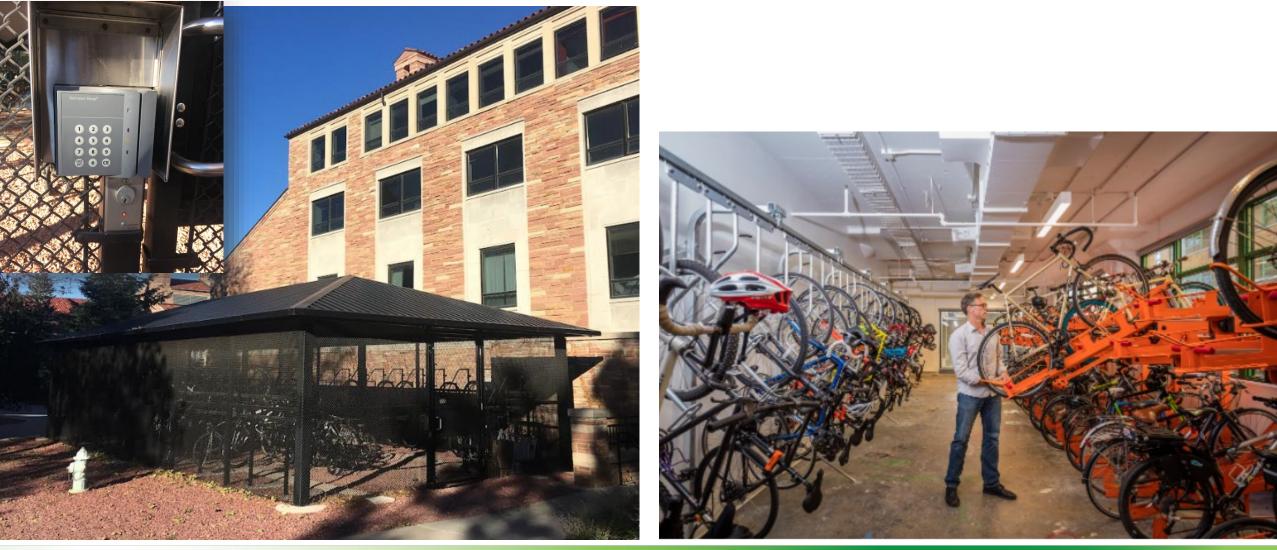
Long Term Parking







Long Term Parking







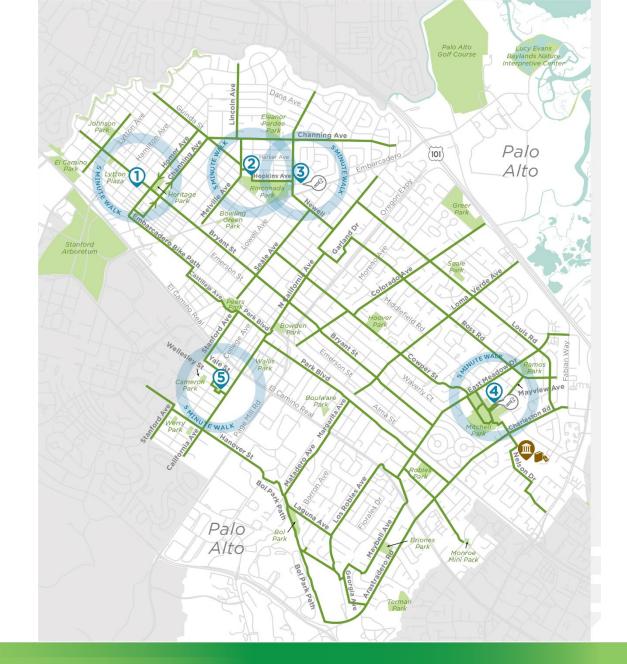
Class III Bicycle Routes & Boulevards

Make good use of low-hanging fruit

Local Roadways

Advantages:

- Typically more than 60% of most cities!
- Already have more compatible conditions for walking/biking







Quiz: What produces discomfort for bicyclists?







Fundamental Elements

• Traffic Compatibility

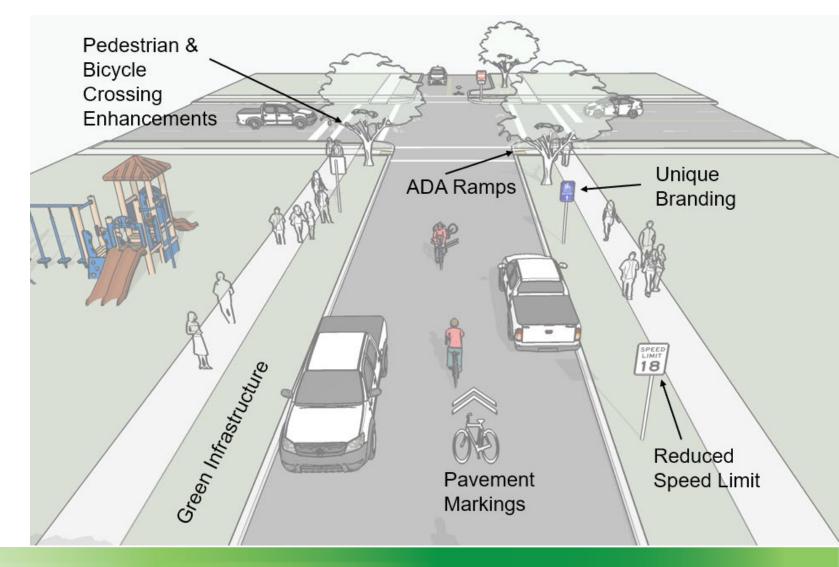
- Speed Management
- Volume Management

• Street Crossings

- Collector/Arterial Crossings
- Offset Crossings

• Look & Feel

- Green Infrastructure
- Pavement Markings & Signage
- Branding





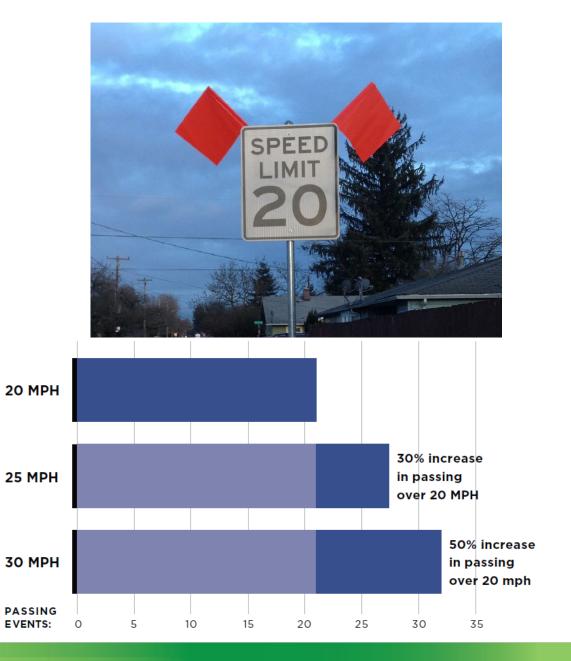


Keep Speeds Low

- Establish Compatible Speed
 - 25mph max posted speed,
 - 20mph preferred

• Lower Speeds with Speed Management Techniques

- Horizontal Elements
- Vertical Elements







Horizontal Traffic Calming

- Neighborhood Traffic Circles
- Curb Extensions
- Chicanes
- Pinch Points
- Painted Intersections/Murals







Vertical Traffic Calming

- Speed humps, bumps, & cushions
- Raised Intersections





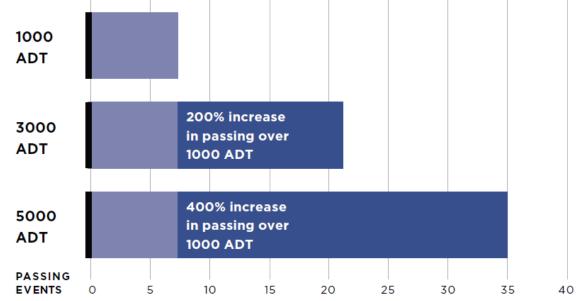


Keep Volumes Low

Prevent route from being used as a cut through route

- Full closures
- Partial closures
- Diverters / forced turns







Full Closures

- End of block typically
- Can also be mid block (less common)







Partial Closures

Regulate vehicle flow at minor intersections. Typical let local traffic out of neighborhood, but forces them to enter at a different point.

- Consider fire access
- Pass through and bulbout examples







Diverters

- Vehicles are forced to turn 90 degrees in both directions, bikes may proceed straight
- Opportunity for beautification/ placemaking







Forced Turns

- Vehicles are forced to turn 90 degrees in both directions, bikes may proceed straight
- Opportunity for beautification/ placemaking

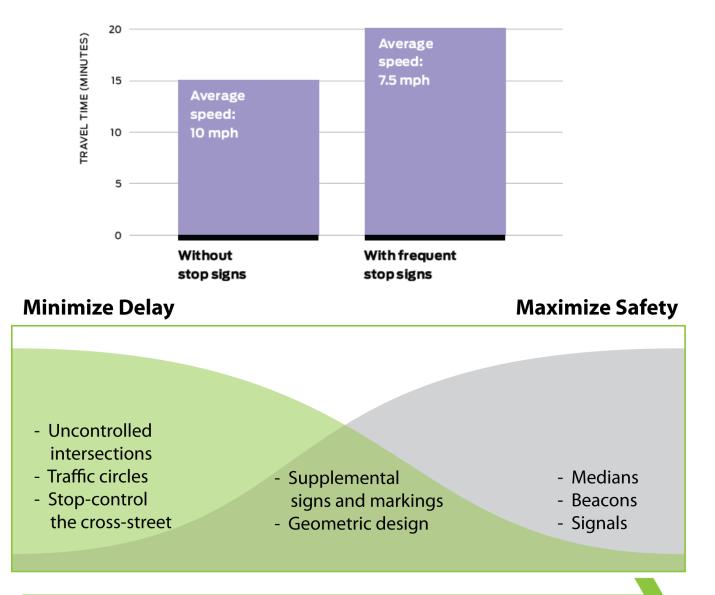






Bicycle Momentum

- Frequent stopping adds significantly to overall bicycle travel time as well as costs bicyclists valuable energy in having to regain speed.
- Preserving momentum can be a key element in successful projects and encompasses minor and major intersections. This principle should be combined with speed and volume management to avoid the route becoming more attractive to drivers.
 - Flip stop signs or use yield control
 - Traffic circles
 - Low-wait time crossings



Increasing Cross Street Complexity

Increasing speed, volume, number of lanes and decreasing number of crossing gaps.





Safe Routes to School - Child Compatibility

- Low volumes and speeds even more important
- Need full signal control or grade separation
- Adult involvement: "Bike Trains", "Walking School Buses"





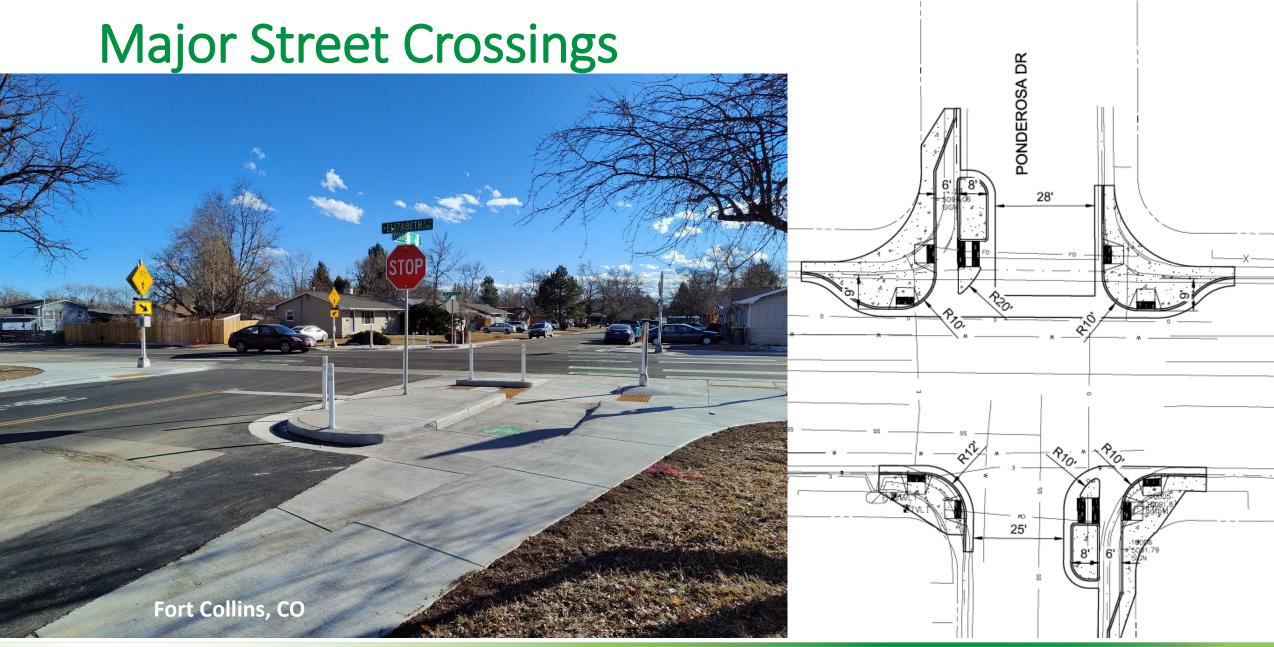


Major Street Crossings







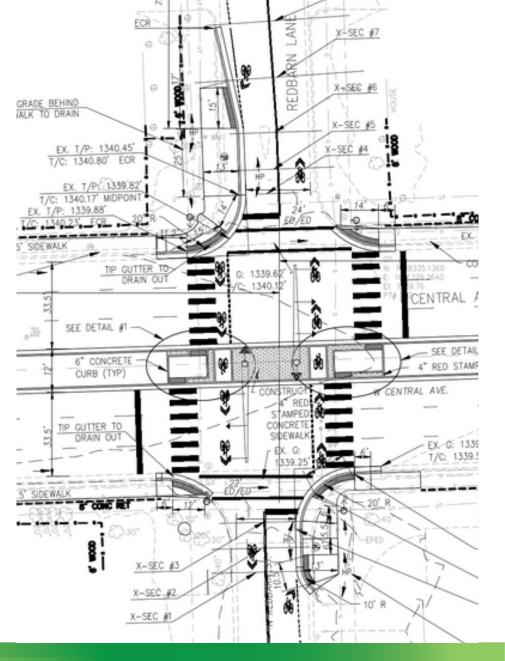






Major Street Crossings

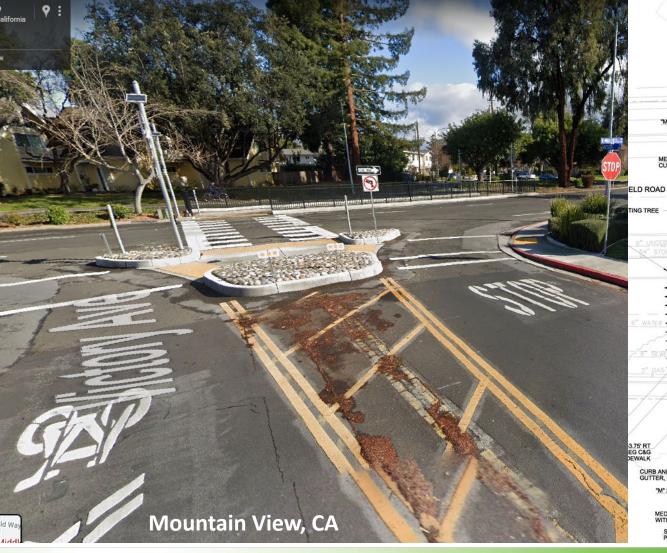


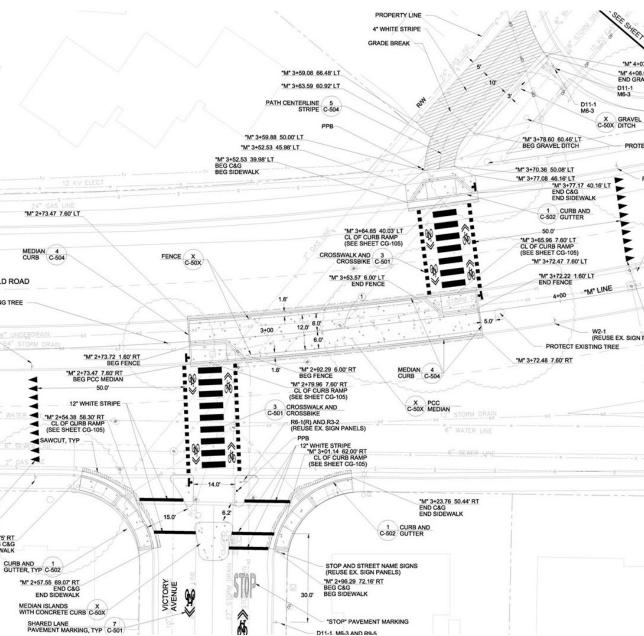






Major Street Crossings









Branding/Wayfinding







Leveraging Local Roadways

When Are Upcoming Funding Opportunities?

Patrick Gilster SMCTA Manager of Programming & Monitoring

Utilize Funding

- Federal
 - RAISE
 - INFRA
- State
 - Active Transportation Program
 - Highway Safety Improvement Program
 - Local Partnership Program
- Regional/Countywide
 - Measure A (SMCTA)
 - Measure W (SMCTA)
 - Measure M (C/CAG)
 - One Bay Area (MTC)

C/CAG Comprehensive Bicycle & Pedestrian Plan (2021) includes a complete list of state and local funding sources:

Funding Source	Administering Agency	Weblink
State Funding Sources		
California Active Transportation Program	California Transportation Commission	www.dot. ca.gov/hq/ LocalPrograms/atp
California Office of Traffic Safety Grants	California Office of Traffic Safety	www.ots.ca.gov/ Grants/default. asp
Highway Safety Improvement Program	Caltrans	www.dot. ca.gov/hq/ LocalPrograms/hsip.html
Affordable Housing and Sustainable Communities Program	California Strategic Growth Council	www.sgc.ca.gov/Grant-Programs /AHSCProgram.html
Sustainable Transportation Planning Grants	Caltrans	https://dot.ca.gov/programs/transportation-planning/regional- planning/sustainable-transportation-planning-grants
Recreational Trails Program	California Department of	http://ohv.parks.ca.gov/?page_id=24881

https://ccag.ca.gov/wpcontent/uploads/2021/06/San-Mateo-County-Comprehensive-Bicycle-and-Pedestrian-Plan-Update-Final-Plan.pdf





How will the TA incorporate Complete Streets?

• Highway Program:

- Measure W allows pedestrian and bicycle projects along/across the highway system to be funded
- Projects of Countywide Significant are being re-evaluated to include multimodal elements

• Bicycle & Pedestrian Program:

- Quick build projects may be prioritized for the small capital projects category
- Class III Bike Routes will no longer be funded, only Neighborhood Routes with sufficient traffic calming
- Jurisdictions will need to show bike projects improve comfort levels
- Extra "readiness" points will be given for jurisdiction staff who attend SMCTA technical trainings





2022 Calls for Projects Opportunities

Alternative Congestion Relief (ACR) & Transportation Demand Management (TDM) Program

- CFP is out now! Due in May
- Example Bike projects include:
 - Enhanced crossing treatments and detection
 - Short-term or long-term bicycle parking
 - Mobility hub planning and design
 - E-bike subsidies
 - Bike/scooter-share subsidies

Sub-Categories	Competitive Funds
ITS Planning & Design	\$885 <i>,</i> 600.00
TDM Competitive Funds	\$3,075,000.00
Small/Coastal (30%)	\$922,500.00
Mid/Large (70%)	\$2,152,500.00
ACR/TDM Planning Funds	\$775 <i>,</i> 800.00
Total	\$4,736,400.00

For more information on this category, see the recently adopted SMCTA ACR/TDM Plan:

https://www.smcta.com/Projects____Progra ms/TDM.html





2022 Calls for Projects Opportunities

Bicycle & Pedestrian Program

- CFP will be released in August
- Example Bike planning:
 - Bicycle Plans
 - Corridor Improvement Plans
 - Intersection/Crossing Studies
 - Vision Zero/High Injury Networks
- Example capital projects
 - Quick build bicycle projects
 - Road diets or reconfigurations
 - Protected intersections

Sub-Categories	Competitive Funds
Capital	\$16,713,350
Capital - Large	\$11,197,945
Capital - Small	\$5,545,676
Planning/Promotion	\$592,325
Safe Routes to School	\$439,825
Total	\$17,775,771

For more information on this category and see past successful projects visit:

https://www.smcta.com/Projects____Progra ms/Pedestrian_and_Bicycles.html





Thank you!

If you have any questions please contact:Patrick Gilster atgilsterp@samtrans.comHeba El-Guindy atel-guindyh@samtrans.com